

Pleesecakes

60 AWESOME No-bake Cheesecake Recipes

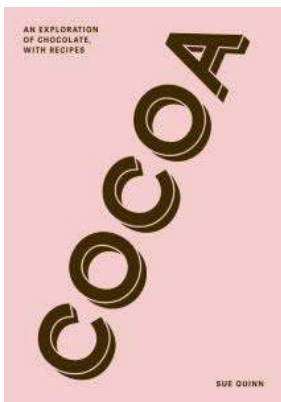
by Joe Moruzzi and Brendon Parry

Quadrille • On Sale: Mar 5/19 • 6.90 x 8.90 • 160 pages

9781787132498 • \$32.99 • cl • Cooking / Courses & Dishes / Cakes

Joe and Brendon have reinvented the cheesecake for a new generation with their massively successful Pleesecakes. Their inventive toppings and out-of-this-world flavor combinations will have you drooling with anticipation, and they couldn't be easier to make.

Pleesecakes' first book features over 60 of the boys' wildly popular no-bake recipes. Pile the toppings high and enjoy! From boozy riffs on cocktails (Mojito, Baileys, Daq attack) and breakfast (cappuccino and tea and cookies), through celebration cheesecakes (Black Forest /)



Cocoa

An Exploration of Chocolate, With Recipes

by Sue Quinn

Quadrille • On Sale: Mar 19/19 • 6.80 x 9.70 • 256 pages

9781787132603 • \$50.00 • cl • Cooking / Courses & Dishes / Chocolate

Chocolate has beguiled us for centuries. From the spiced drinks sipped by the nobility in ancient Mexico to the artisan bars filled with weird and wonderful flavor combinations we devour today, chocolate has always had a magical pull on our senses. Exotic, indulgent, hedonistic and sensual, its power over us somehow exceeds the sum of its parts. This ground-breaking exploration of chocolate, by award-winning writer and lifelong cocoa enthusiast Sue Quinn, will intrigue, inspire, surprise and fascinate you in equal measure. In these pages is a wealth of (...)



New Kitchen Basics

150 Recipes that Will Change the Way You Cook, Every Day

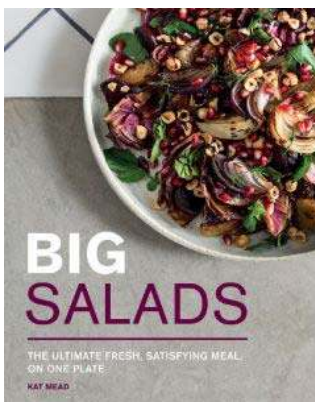
by Claire Thomson

Quadrille • On Sale: Mar 19/19 • 6.80 x 9.70 • 320 pages

9781787132542 • \$50.00 • cl • Cooking / Methods / General

Most of us buy the same ingredients week in, week out, and cook the same old recipes. Cookery writer Claire Thomson wants to encourage people to ditch the boring chicken stir-fry and the all-too-predictable spaghetti, and enliven their cooking and eating.

Claire takes our 10 favorite ingredients and reinvents them as modern classics. With sections on chicken, tomatoes, eggs, ground meat, pasta, potatoes, salad, lemon and chocolate, each chapter covers the basics about that ingredient, then offers (...)



Big Salads

The ultimate fresh, satisfying meal, on one plate

by Kat Mead

Quadrille • On Sale: Mar 5/19 • 7.90 x 10 • 176 pages

9781787132108 • \$34.99 • pb • Cooking / Courses & Dishes / Salads

Everyone loves a big salad: it's how many of us prefer to eat either when cooking for a crowd or eating alone. Summer or winter, one-plate salads make for a delicious, fresh and healthy meal. Big Salads offers 60 recipes that make the most of seasonal salad ingredients, giving people the option to eat vegetarian, vegan or use meat and fish in small amounts with a bounty of beautiful fresh vegetables, herbs and leaves. From Pea, asparagus and lemon labneh salad and Papaya salad with coconut poached chicken in (...)





The Yoga Kitchen Plan

A Four-Week Vegetarian Lifestyle Plan

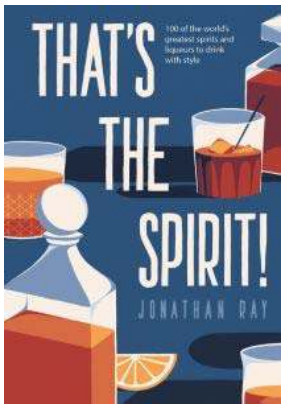
by Kimberley Parsons

Quadrille • On Sale: Feb 5/19 • 6.80 x 9.70 • 192 pages
9781787133211 • \$34.99 • cl • Cooking / Vegetarian

The Yoga Kitchen Plan is a soulful journey towards finding your best, most authentic self where a quiet mind and overall sense of calm is the ultimate goal. Through the use of non-stimulating foods, the plan helps the reader reach a state of bliss and tranquility each day. The book starts by explaining the body's chakra system and how this is integral to a yogic lifestyle. The core of the book is the simple, 7-day plan which incorporates breathing exercises, meditations, basic yoga practice, daily tasks, and then (...)



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That's the Spirit!

100 of the world's greatest spirits and liqueurs to drink with style

by Jonathan Ray

Quadrille • On Sale: Apr 2/19 • 5.90 x 8.70 • 176 pages
9781787132641 • \$32.99 • cl • Cooking / Beverages / Wine & Spirits

Calling all spirit enthusiasts, wannabe mixologists and fans of aperitifs and digestifs ♦ That's the Spirit! is here to guide and entertain you through the world of spirits and liqueurs, including whiskies both familiar and surprising, dangerous tequila and mezcal, gin and its Dutch counterpart genever, under-rated grappa, love-it-or-hate-it Bailey's, legendary absinthe and enough rum to make you book a flight to Jamaica immediately. Behind this very well-stocked, virtual bar is author Jonathan Ray, who knows a thing or two about alcohol, being drinks editor (...)



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How to be Gluten-Free and Keep your Friends

by Anna Barnett

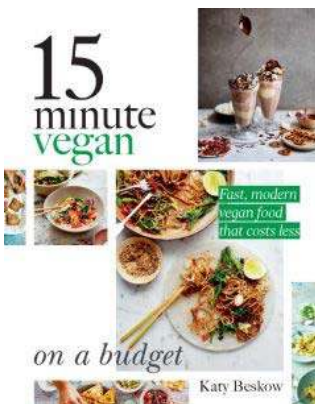
Quadrille • On Sale: Feb 19/19 • 6.30 x 8.30 • 160 pages
9781787132917 • \$28.99 • cl • Cooking / Health & Healing / Gluten-Free

Grocery stores now stock gluten-free options, your grandma has heard of the term, and you've never felt better - so why is it still so tricky to navigate life as a gluten-free diner? From going out for dinner, to staying in with friends, it can be a challenge to cook, eat, and socialize in a world of gluten-eaters.

How to be Gluten-Free and Keep Your Friends helps you to go about your life without compromises, excuses or (...)



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15 Minute Vegan: On a Budget

Fast, Modern Vegan Food That Costs Less

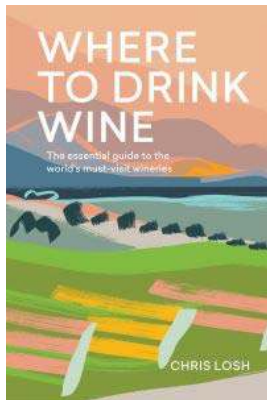
by Katy Beskow

Quadrille • On Sale: Feb 19/19 • 6.90 x 8.90 • 160 pages
9781787132559 • \$32.99 • cl • Cooking / Vegan

15 Minute Vegan: On a Budget features 100 recipes for home cooks who want to create effortless, fast and delicious vegan food, without the price tag often associated with vegan cooking. All?of the ingredients can be purchased in supermarkets and every recipe is ready in 15 minutes or less. Katy Beskow challenges the perception that vegan cooking is expensive, and shows that veganism is for all by using ingredients that are readily available and need no specialist equipment. This is a book for both non-vegans and vegans who (...)



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Where to Drink Wine

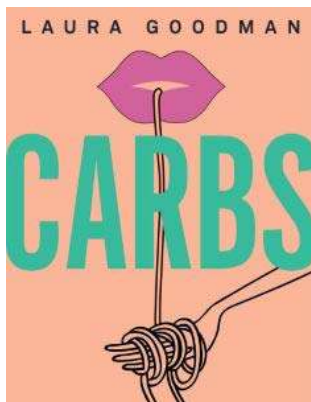
An essential guide to the world's must-visit wineries

by Chris Losh

Quadrille • On Sale: Mar 19/19 • 6 x 9.20 • 288 pages

9781787132252 • \$42.99 • cl • Cooking / Beverages / Alcoholic / Wine

Wherever you are in the world, there's a winery worth visiting, a vineyard ready to be explored and a cellar packed with bottles of juicy wines begging to be drunk. Among more than 30 countries and regions (and some 400 wineries), this book explores the classic destinations, reveals hidden gems in well-known wine country, and celebrates emerging wine-producing locations. Where to Drink Wine travels country-by-country, region-by-region highlighting the must-visit wineries in each location. Its the definitive guide for (...)



Carbs

From weekday dinners to blow-out brunches, rediscover the joy of the humble carbohydrate

by Laura Goodman

Quadrille • On Sale: Feb 19/19 • 6.90 x 8.90 • 192 pages

9781787132573 • \$32.99 • cl

We've tried to hide it, shoving carbs aside for cauliflower rice and zucchini noodles, but we're not fooling anyone. Carbs are what we want - what we really, really want. We love them because they make every meal better. And anyway, global medical guidelines now say carbohydrates should make up 50% of our daily food intake, and that skipping them could lead to long-term health issues. What have we been thinking? It's definitely time to embrace carbs in all their guises. Macaroni and cheese is (practically) a medical requirement.



Crafted

A collection of crafts - new, old and forgotten

by Sally Coulthard

Quadrille • On Sale: Mar 19/19 • 6 x 9.20 • 224 pages

9781787132566 • \$42.99 • cl • Crafts & Hobbies / General

Crafted is a celebration of craft in the 21st century - a definitive visual guide to all things handmade. Featuring 80 of the most popular and well-established crafts, Sally Coulthard explores their history, materials and techniques as she offers a deeper insight into some of your favourite crafts and provides inspiration for both new and ancient creative pursuits.

After an introductory section covering the culture of craft (its definition, why it matters, history and community), the main body of the (...)



Punch Needle Workshop

Master the Art of Rug Hooking Accessories for Your Home

by Arouna Kjounnoraj

Quadrille • On Sale: Apr 16/19 • 7.90 x 10 • 144 pages

9781787132788 • \$28.99 • pb • Crafts & Hobbies / Rugs

There is a new craft on the scene and it goes by the name of punch needling. Although this craft has in fact been around for decades it is having a revival and recently been given a new face as modern makers are giving it a try.

At the forefront of this movement is one of Canada's most sought after creatives, Arouna aka Bookhou, who has caused a social media sensation with the beautiful images and videos of her work (...)



LEAD



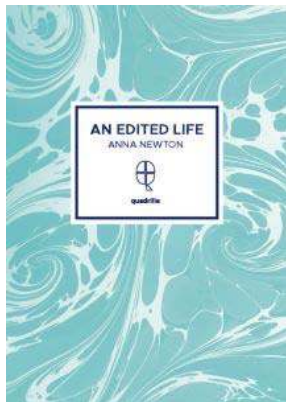
Sleep

The Secrets of Slumber

by Lisa Varadi

Quadrille • On Sale: Mar 19/19 • 4.70 x 6.10 • 144 pages
9781787132764 • \$18.99 • cl • Health & Fitness / Sleep & Sleep Disorders

Sleep invites you to explore the benefits to be gained from the simple act of sleeping. The body's natural way of reenergizing and healing, sleep nourishes the mind and body with its numerous health benefits. Whether you sleep like a baby or are a perennial insomniac, Sleep will guide you through the cultural and historical perspectives of shut-eye, explain why our body clocks are so important, and delve into the four stages of sleep, from shallow to deep. You'll learn about why it's so (...)



An Edited Life

by Anna Newton

Quadrille • On Sale: Feb 5/19 • 5.40 x 8.50 • 208 pages
9781787132429 • \$32.99 • cl • House & Home / Cleaning & Caretaking

Declutter every aspect of your life - from your wardrobe to your phone - with this realistic guide to getting neat and keeping things that way. We've all tried to declutter, and given up halfway through, only to be haunted by a half-tidied cupboard for months at a time. Anna Newton knows that feeling too, and what's more, she's found a way to help. Learn how to make that digital detox last; how to craft a capsule wardrobe without a black blazer or skinny jeans, and (...)



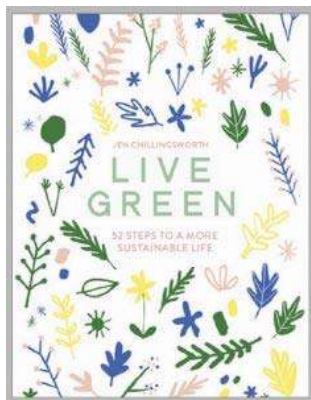
Be More Witch

How to Find Your Inner Magic

by Alison Davies

Quadrille • On Sale: Apr 16/19 • 4.70 x 6.10 • 144 pages
9781787133389 • \$18.99 • cl • Body, Mind & Spirit / Witchcraft & Wicca • Be More

Witches have enchanted us throughout the centuries with their darkness, mysticism and individuality. Once persecuted, they have now been adopted by millennials as a symbol of feminine strength. Their belief in magic is increasingly causing people to question the arranged order, break out of pre-defined social norms and look for answers elsewhere in this demanding technological age. Be More Witch offers a dose of magical escapism that will help you to channel determination and manifest positive change. Sore through the sky with (or without!) a trusty broomstick and let (...)



Live Green

52 Steps for a More Sustainable Life

by Jen Chillingworth

Quadrille • On Sale: Feb 19/19 • 4.70 x 6.10 • 144 pages
9781787133198 • \$18.99 • cl • Self-Help / Green Lifestyle

Many of us are already doing what we can to adopt a greener lifestyle. We recycle, try to reduce our waste and plastics, choose organic food when shopping, eat less meat, and opt for environmentally friendly cleaning products. Yet we often wish we were doing more and it can be overwhelming to know where to start. Live Green is a practical guide of 52 tips and changes you can make to your home and lifestyle over the course of a year. Tackling all areas of your life from home and (...)





English Heritage Boxed Thank You Cards

by designed by English Heritage

Quadrille • On Sale: Feb 19/19 • 5.50 x 7.10
9781787131798 • \$22.50 • notecards • Non Classified

This boxed set of 16 stunning "Thank You" cards contains cards and matching envelopes in 4 different designs derived from original fabric and wallpaper interiors at Brodsworth Hall and Gardens, a remarkable example of a mid-Victorian country house in South Yorkshire, England. The message inside each card reads "Thank You (...)"



English Heritage Notebook

by designed by English Heritage

Quadrille • On Sale: Feb 19/19 • 4.10 x 5.80 • 128 pages
9781787131811 • \$22.50 • journal/ diary/blank book • Non Classified

The colorful floral design of this hardback notebook is a contemporary reproduction of 19th century chintz in the private family rooms of Osborne, the seaside retreat of Queen Victoria, Prince Albert and their children on the Isle of Wight. The perfect size to fit into your purse, it has 128 lined pages and foil on the cover (...)



English Heritage Guest Book

by designed by English Heritage

Quadrille • On Sale: Feb 19/19 • 9.40 x 6.40 • 96 pages
9781787131828 • \$29.99 • journal/ diary/blank book • Non Classified

Inspired by original fabric and wallpaper detail at Brodsworth Hall and Gardens, a Victorian country house in South Yorkshire, this hardback guest book contains a ribbon marker and 96 deluxe cream colored pages to provide plenty of space for recording guests' names, addresses, comments or memories. Perfect for B&Bs, birthdays and special occasions such as weddings, christenings, engagements, bar mitzvahs/bat mitzvahs, reunions, and anniversaries (...)



I Like Birds Nesting Set of Two Notebooks

by designed by Stuart Cox

Quadrille • On Sale: Mar 19/19 • 5.80 x 8.30 • 48 pages
9781787132375 • \$18.99 • journal/ diary/blank book • Non Classified

With designs featuring the Great Crested Grebe noted for its elaborate mating display, this elegant pair of FSC paperback notebooks is a must-have addition to any stationery lover's collection. One notebook is lined, the other is plain. They are wrapped in a recyclable polybag (...)





I Like Birds Flying Puffins Guest Book

by designed by Stuart Cox

Quadrille • On Sale: Mar 19/19 • 9.40 x 6.40 • 96 pages
9781787132382 • \$29.99 • journal/ diary/blank book • Non Classified

Keep track of all of your guests at any event with this hardback 96-page guest book with soft touch matte lamination and foil on the cover, ribbon marker and FSC paper. The cover features puffins in flight. Their short wings are adapted for swimming with a flying technique under water. In the air, they beat their wings very quickly, often flying low over the surface of the sea. Although puffins are rather vocal at their breeding colonies, they are silent when out at sea (...)

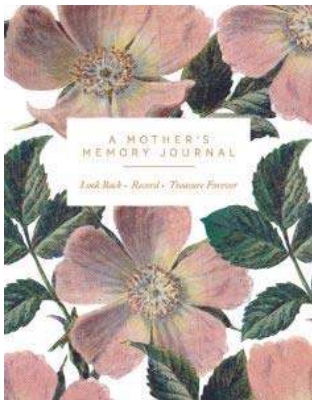


I Like Birds Parliament of Owls Family Planner

by designed by Stuart Cox

Quadrille • On Sale: Mar 19/19 • 5.80 x 8.30 • 128 pages
9781787132399 • \$29.99 • journal/ diary/blank book • Non Classified

This spiral bound planner with 4 tabbed, ring bound inserts includes 52 non-dated weekly planner pages, tear-off shopping lists, monthly budget pages, notes for holidays/special occasions, sticker sheet, and elastic closure to keep everything secure. The cover design features a collection of owls, otherwise known as a parliament of owls. Owls are generally solitary birds but come together for the mating season, during which some species have the same mate for life. The male and the female will take turns watching the eggs, tending the nest, and (...)



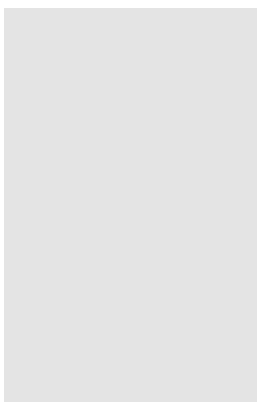
A Mother's Memory Journal

Look Back. Record. Treasure Forever.

by designed by Quadrille

Quadrille • On Sale: Mar 5/19 • 6.90 x 8.90 • 128 pages
9781787132634 • \$29.99 • journal/ diary/blank book • Non Classified

Too often precious memories, anecdotes, and family history get lost between one generation and another. Inspire your mother to record memories of her own childhood, school days, family members, and experiences of becoming a mother by giving her this beautiful journal. Filled with over 100 questions and prompts to help your mother write about her life (as well as your part in it), this journal can be filled with precious memories, anecdotes and family history. Your mother will then return the completed journal to you as a keepsake to be enjoyed for (...)



A Grandmothers' Memory Journal

Look Back. Record. Treasure Forever.

by designed by Quadrille

Quadrille • On Sale: Mar 5/19 • 6.90 x 8.90 • 128 pages
9781787133600 • \$29.99 • journal/ diary/blank book • Non Classified

Too often precious memories, anecdotes and family history get lost between one generation and another. Inspire your Grandmother to record memories of her own childhood, school days, family members, your mother/father and experiences of becoming a Grandmother by giving her this beautiful journal. Filled with over 100 questions and prompts to help your Grandmother write about her life (as well as your part in it), this journal can be filled with precious memories, anecdotes and family history. Your Grandmother will then return the completed journal to you as a (...)

