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Fall 2019

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Hardie Grant Books is an independent, global publisher of non-fiction. With offices in Melbourne, London and San Francisco, our books are sold all over the world.

The defining aspects of a Hardie Grant book are high-quality production, design, and innovation. We work with the best authors to create books that inspire and reflect the way we live, across a range of subjects including food and drink, humor, design, popular culture, and travel. We like to discover new talent and capture new trends.

Our food and drink books in particular are recognized as some of the worlds best, carrying off major local and international awards, including James Beard Awards and the inaugural Talking Pictures: Selected Books.

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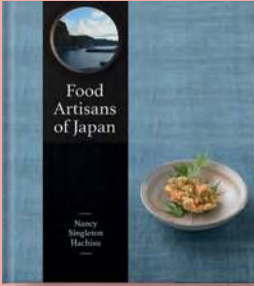
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hardiegrantuk.tumblr.com

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Food Artisans of Japan

Who They Are,
Why They Inspire,
and What
They Create
Nancy Singleton
Hachisu

September 2019
ISBN 9781743794654
CKB039000
\$35.00 | Hardcover
208 pages | 7½ × 9 in
Full color photography
throughout

***Food Artisans of Japan: Who They Are, Why They Inspire, and What They Create* is a book of recipes and stories from eight compelling areas around Japan that have reached into the soul of American expat author Nancy Singleton Hachisu.**

In this book, Nancy shares an in-depth knowledge and understanding of Japanese locales, their foods, and the artisans who work there. In each area she focuses on one main chef whose food is irresistibly delicious and whose philosophy is unique. Having spent extensive time speaking with all of the chefs and artisans, she reveals both their thoughts and what motivates them to create their food and products. The book also includes 10 to 20 recipes from each chef, ranging from traditional Japanese to French- or Italian-influenced Japanese dishes created from local ingredients. Each recipe is a collaboration between the chef and Singleton Hachisu, and has been adjusted to be cooked successfully in either a home kitchen or restaurant.

James Beard Award-nominated author and food journalist **Nancy Singleton Hachisu** is a champion of artisanal Japanese ingredients (and has been described by revered US food icon Alice Waters as "a vital bridge between farmers in the United States and farmers in Japan"). She has written three books: *Japanese Farm Food, Preserving the Japanese Way* and *Japan: The Cookbook*. She is widely regarded as a pre-eminent expert on Japanese food and culture and travels widely to promote her work in collaboration with some of the best chefs in the US and around the world.

- Nancy Singleton Hachisu has almost 30 years of experience living in rural Japan. She is respected as a champion and authority of artisanal food production and Japanese cooking. Her work has appeared in *The New York Times*, *Food & Wine*, *Saveur*, *The Art of Eating*, and *Lucky Peach*.
- Japan is currently exploding as THE destination for people in travel and food.
- Singleton Hachisu helped plan and execute the, Salt, segments of Netflix's adaptation of Samin Nosrat's bestselling book *Salt, Fat, Acid, Heat*—and appears in several scenes too.

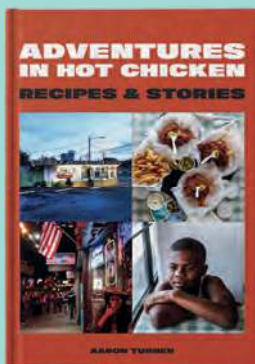
ISBN 978-1-74379-465-4



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FOOD & DRINK





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Also available
Igني
9781743792650
\$29.99 | 2018

Adventures in Hot Chicken

Recipes & Stories
Aaron Turner

October 2019
ISBN 9781743794845
CKB002060
\$29.99 | Hardcover
240 pages | 7 × 10½ in
Full color photography
throughout

An exploration and celebration of an iconic Southern food and culture.

Adventures in Hot Chicken is part recipe book (60 recipes covering the best mains, sandwiches, sides, salads and sauces), part narrative, part pictorial celebration of the history and power hot chicken holds over the city of Nashville—and now beyond.

It frames the stories of the people, families and communities who have cooked and eaten and celebrated it in Nashville over several generations. It offers a loud, opinionated take-no-prisoners perspective on food culture in the US (and beyond) today, as well as being an incomparable how-to manual for the VERY best hot chicken and accompaniments.

Aaron Turner is the innovative and acclaimed chef and owner of wood-fired restaurant, IGNI, in Geelong, Australia. He rose to food-world prominence with his first restaurant, Loam, in regional Victoria, before a personal crisis led to him spending a couple of years in Nashville. This was where he discovered hot chicken. Turner was named chef of the year in 2016 as well as winning restaurant of the year for IGNI at the same time, awarded by *Gourmet Traveller*, *The Good Food Guide* and *Time Out*.

- *Adventures in Hot Chicken* is a celebration of a food that for many of us brings back great childhood memories. It's a food that is much loved, and this book shows it at its most authentic.
- Includes more than 60 recipes covering mains, sandwiches, sides, salads, sauces, and different frying techniques—adapted in a way that is achievable at home.
- This book has a compelling storytelling component courtesy of Aaron Turner's distinctive voice and internationally recognised photographer Julian Kingma's award-winning photography.
- A striking and hard-working recipe book, it is also a study of an enduring food culture in Nashville and how its influence has spread beyond.

ISBN 978-1-74379-484-5



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FOOD & DRINK





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Pasta Grannies

The Secrets of Italy's
Best Home Cooks
Vicky Bennison

October 2019
ISBN 9781784882884
CKB047000
\$29.99 | Hardcover
224 pages | 7½ × 9¾ in
Full color photography
throughout

Saving traditions and sharing skills, one Granny at a time!

"When you have good ingredients, you don't have to worry about cooking. They do the work for you." —Lucia, 85

Inspired by the hugely popular YouTube channel of the same name, *Pasta Grannies* is a wonderful collection of time-perfected Italian recipes from the people who have spent a lifetime cooking for love, not a living: Italian grandmothers.

Featuring over 100 easy and accessible recipes from all over Italy, you will be transported into the very heart of the Italian home to learn how to make great-tasting Italian food. Pasta styles range from *pici*—a type of hand-rolled spaghetti that everyone can make, from the age of 4 to 94—to *lumachelle della duchessa*—tiny, ridged, cinnamon-scented tubes that take patience and dexterity.

More than just a compendium of dishes, *Pasta Grannies* tells the extraordinary stories of these ordinary women and shows you that with the right know how, truly authentic Italian cooking is simple, beautiful and entirely achievable.

Vicky Bennison spent many years working in international development in places like Siberia, South Africa, and Turkmenistan. The next decent meal was always on her mind and so she began writing about her culinary adventure, from mushroom hunting with the Russian mafia to cooking zebra stew near Lake Turkana in Kenya! She is the author of *The Taste of a Place*, and co-wrote *Seasonal Spanish Food* with José Pizarro.

- Pasta Grannies has over 350k subscribers on YouTube, and a hugely engaged online following, with a myriad of influential chefs amongst the fan base.
- This is more than a cookbook: discover life stories, top tips, and the age-old secrets of truly great Italian food.
- *Pasta Grannies* is by home cooks, for home cooks!
- Includes authentic Italian recipes never before written down.

ISBN 978-1-78488-288-4



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FOOD & DRINK





draft cover

Hangover Helper

Delicious Cures from
Around the World
Lauren Shockey

October 2019
ISBN 9781784882594
CKB127000
\$19.99 | Hardcover
192 pages | 5½ × 7¼ in
Full color illustrations
throughout

A fun, gifty cookbook with every recipe you need to know to cure a hangover.

Hangover Helper is a playful cookbook filled with tried and true recipes to cure your hangover, collected from culinary traditions from around the world.

Each of the over 50 recipes will include a rating system that will indicate how easy it will be to prepare when hungover. Some dishes, such as the Bacon, Egg and Cheese or Pepperoni Pizza Bagel, can be made even if still drunk the following morning! Others will make use of traditional pantry staples and leftover classics to whip up dishes on the fly, like Bacon Kimchi Fried Rice.

Also included are brunch cocktails for a hair-of-the-dog approach, alongside non-alcoholic beverages if you're going full detox. Of course, having a hangover is not a requirement to enjoy them—this is just as much a book for armchair drinkers as it is for world-weary tipplers!

Lauren Shockey is the former restaurant critic at *The Village Voice* in New York, and has worked as a freelance writer for many publications, including *The New York Times*, *The Wall Street Journal*, *The New York Times Style Magazine*, *Travel + Leisure*, *Gastronomica*, *Slate*, *The Atlantic Food Channel*, *Bon Appetit*, *Saveur*, and *Page Six Magazine*. She is also the author of culinary memoir *Four Kitchens: My Life Behind the Burner in New York, Hanoi, Tel Aviv, and Paris*.

- A fun, eye-catching package makes this book perfect for the gift market and impulse buyers.
- Colorful graphic illustrations accompany the recipes throughout.
- *Hangover Helper* will appeal to the demographic of roughly 2 billion people who are currently most accustomed to hangover culture: millennials!

ISBN 978-1-78488-259-4



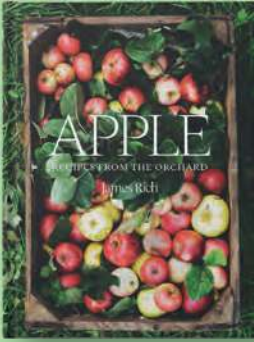
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FOOD & DRINK





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Apple

Recipes from
the Orchard
James Rich

September 2019

ISBN 9781784882327

CKB035000

\$29.99 | Hardcover

224 pages | 7½ × 9¾ in

Full color photography
throughout

A celebration of the world's most popular fruit.

Author James Rich hails from apple country in Somerset, England, where his family own a cider farm. Apples, it could be said, are in his blood. This is a collection of his favorite recipes, featuring traditional old favorites alongside new experiments and flavor combinations. Try your hand at a summery Apple, Chili and Walnut Salad, a comforting Braised Pork Knuckle in Cider, Sticky Apple Ribs and a classic Apple Crumble, all washed down with traditional Mulled Cider or an Apple, Elderflower, and Lavender Cocktail.

Apple flavors can be delicate and complementary, floral and simple or they can be bold, sharp, and stand out from the crowd. Set against the backdrop of the author's family's stunning apple orchards in Somerset, *Apple* is a celebration of everyone's favorite fruit.

James Rich is a cider-maker's son from Somerset. James grew up helping his dad on the farm, planting the orchards and pressing the apples to gather the juice. As a teenager, he worked in the cider farm's restaurant, where his passion for food began to grow.

- Apples are a hugely versatile ingredient—this book contains over 90 sweet and savory ideas of what to do with everyone's favorite fruit.
- More than 2,500 of the global total of 7,500 apple varieties are grown in the United States.
- Apples tap into the ongoing trend for healthy and mindful eating—they are extremely rich in antioxidants, dietary fiber, and vitamins A, C and K.
- The beautiful photography and rural charm of *Apple* conjures up a nostalgia for simpler times that is at the heart of the slow-living movement.
- Americans eat more apples per capita than any other fruit!

ISBN 978-1-78488-232-7



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FOOD & DRINK





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The 7-Day Vegan Challenge

Plant-Based Recipes for
Every Day of the Week
**Bettina Campolucci
Bordi**

January 2020
ISBN 9781784882839
CKB125000
\$19.99 | Hardcover
160 pages | 7 × 9 in
Full color photography
throughout

An easy, unintimidating introduction to going vegan.

Curious about veganism but already recoiling at visions of expensive wholefood stores, your grumbling stomach, and an insatiable craving for cheese? Then this is the book for you.

In *The 7-Day Vegan Challenge*, Bettina Campolucci Bordi shows that with a little bit of planning, anyone can go vegan for a week. Her delicious meals include affordable ingredients and big flavors that won't leave you feeling hungry, or like you're missing out. Included are shopping lists, meal plans and over 60 tasty recipes.

From Breakfast-to-Go, to Handy Sandwiches, Tray Bakes and Fridge Staples, Bettina's delicious and vibrant mealtime and snack solutions will leave even the most carnivorous cynic embracing vegetables, and ditching meat for good!

Bettina Campolucci Bordi was born in Denmark but brought up in Tanzania to a Norwegian father and Danish-Bulgarian mother. After working in the food industry for 10 years, and being diagnosed with Polycystic Ovary Syndrome and endometriosis, Bettina quit her job and researched natural ways to heal her body and mind. This led to her founding her wildly successful blog, Bettina's Kitchen, and writing her first book, *Happy Food*.

- Perfect for the veggie-curious who aren't ready to go fully vegan but still want to make a change; and a breath of fresh air for vegans who just need better ideas for weekday meals!
- Easy, fuss-free, on-a-budget ingredients that can be found anywhere—many of which you will probably already have in your own home.
- *The 7-Day Vegan Challenge* is the new take on Meat-Free Mondays. Being meat-free just one day a week doesn't really cut it anymore if we really want to make an impact on the environment or our health.
- Recipes are for one-to-two-person households on a budget, but can easily be multiplied for bigger families.



Also available
Happy Food
9781784881573
\$29.99 | 2018

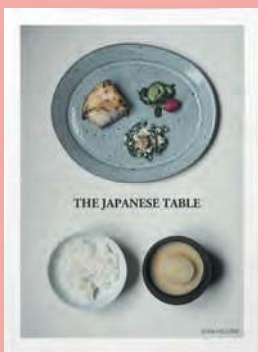
ISBN 978-1-78488-283-9



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FOOD & DRINK





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The Japanese Table

Simple Dishes for
Any Occasion
Sofia Hellsten

January 2020
ISBN 9781784882150
CKB048000
\$29.99 | Hardcover
192 pages | 7½ × 9¾ in
Full color photography
throughout

A beautiful and minimalistic approach to Japanese home cooking, featuring stunning photography.

The Japanese Table is a celebration of the Japanese home-cooked meal—or Ichiju-Sansai—where even the simplest of ingredients are treated like royalty. Spinach should taste like spinach, and placed on a pedestal. Sashimi is served with just soy sauce and wasabi for a reason—so that you can truly savor the flavor of the fish.

Most of the recipes in *The Japanese Table* have vegetables at the heart of the meal, with meat used as a garnish or side dish. Featuring light and delicious snacks and sandwiches, such as a Tamago-Sando (omelet sandwich) with Miso Mayo and a Tofu and Sesame Salad; warming noodle dishes, like Udon with Poached Egg and Fish Roe; and soul-nurturing soups such as Clear Shiitake Soup, plus a selection of accompanying pickles and teas to pair with the dishes.

With its gorgeous photography and simple approach to Japanese cuisine, *The Japanese Table* is the modern Japanese cookbook for fans of Japanese food and culture.

Sofia Hellsten has had a love affair with Japan since her late teens. She has recently relocated from Stockholm to Tokyo, where she's continuing to explore Japan's edible treasures. When she's not cooking, her other passions are writing and photography.

- Contains recipes for everyone—from novices to experienced cooks who are looking to take their Japanese culinary repertoire to the next level.
- The ingredients used in the book can be found in local supermarkets.
- Japanese cooking continues to provoke interest worldwide, well beyond the culture of sushi and ramen.

ISBN 978-1-78488-215-0



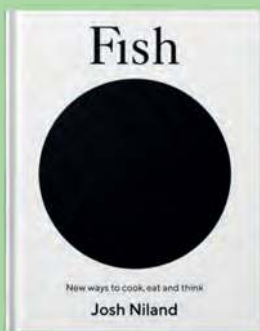
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FOOD & DRINK





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Fish

New Ways to Cook, Eat,
and Think.

Josh Niland

May 2019

ISBN 9781743795538

CKB076000

\$40.00 | Hardcover

256 pages | 8½ × 11 in

Full color photography
throughout

Forget everything you knew about cooking fish.

In *Fish*, acclaimed chef Josh Niland reveals a completely new way to think about all aspects of fish cookery. From sourcing and butchering to dry ageing and curing, *Fish* challenges everything we think we know about the subject and invites us to see fish for what it really is—an amazing, complex source of protein that can and should be treated with exactly the same nose-to-tail reverence as meat.

Featuring more than 60 recipes for dozens of fish species, ranging from Smoked Marlin Ham Caesar Salad, Fish Cassoulet and Roast Fish Bone Marrow to—essentially—The Perfect Fish and Chips, *Fish* illustrates that there is so much more to a fish than just the fillet and that there are many more than just a handful of fish in the sea.

Josh Niland is the chef and owner of Saint Peter, a fish restaurant that opened in Sydney, Australia, to widespread critical acclaim in 2016. In 2018, Josh opened The Fish Butchery—Australia’s first sustainable fishmonger—which sells dry-aged, cured and smoked fish and offal to an eager public as well as supplying a number of Sydney’s best restaurants.

- *Fish* is a groundbreaking book that completely reimagines fish cookery.
- The book features more than 60 recipes following Niland’s unique approach, ranging from simple to complex, with all the basic cooking techniques covered in detail.
- Includes substitutes for fish species depending on country and availability, along with detailed sourcing and storing advice.
- The book’s striking design and arresting photography offer a cutting-edge esthetic that means it stands up as a covetable object as much as a hard-working guide that challenges the way we think about, cook, and eat fish.
- Niland has won every significant award in Australia for his world-leading approach to using the whole fish and wasting nothing.

ISBN 978-1-74379-553-8



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Also available
Nordic Light
9781743791448
\$39.99 | 2016



Also available
The New Nordic
9781742708799
\$39.95 | 2015

ISBN 978-1-74379-527-9



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Baltic

New and Old Recipes
from Estonia, Latvia and
Lithuania
Simon Bajada

October 2019
ISBN 9781743795279
CKB092000
\$35.00 | Hardcover
224 pages | 7½ × 10½ in
Full color photography
throughout

In recipes, words, and pictures, *Baltic* showcases the food cultures of Estonia, Latvia, and Lithuania, three countries experiencing new energy and interest in their food scenes.

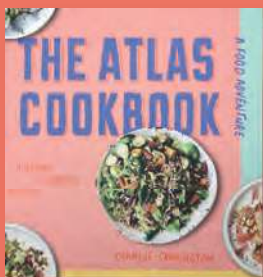
As in the Nordic countries, there has been a surge of interest from Baltic folk to identify more strongly with their food history—and display it proudly. This book celebrates that, identifying traditional dishes from each of the three countries and adapting them to create accessible and delicious recipes suitable for home kitchens the world over. Rather than strive to be authentic to the core, Simon Bajada has selectively picked the best for international palates, curating a mix that is a combination of traditional and modern. At its heart, *Baltic* shows the commonality with other northern European cuisines—what’s cooking is dictated by the produce at hand, as well as the enthusiasm of chefs and cooks there. *Baltic’s* package is also visually beautiful, with the author capturing the color and vibrancy of the produce, local culture, and landscapes, as these countries emerge from nearly 50 years of Soviet rule, reconnect with the past, and embrace new promise for the future.

Simon Bajada is a food and travel photographer based in Stockholm. He has written two books on Nordic food, *The New Nordic* and *Nordic Light*, and has worked in a creative capacity on more than 20 cookbooks, including as photographer for *Basque Country* by Marti Buckley and Phaidon’s *Naples and Amalfi Coast*. Bajada worked as a chef for nine years, before moving into food styling, recipe development, and photography.

- Simon Bajada brings a sharp eye and creative viewpoint to the culture of these key Baltic countries, beautifully capturing the food, people, and stories in words and pictures.
- The Baltic states (Latvia, Lithuania, and Estonia) are part of a trending travel experience and were named among *The New York Times’* 52 Places to Go in 2018.
- Each country’s capital city has been designated a UNESCO World Heritage Site and there is increasing interest in the food as the countries reconnect with their culinary history after nearly 50 years of Soviet rule.

FOOD & DRINK





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The Atlas Cookbook

A Food Adventure
Charlie Carrington

November 2019
ISBN 9781743795385
CKB045000
\$29.99 | Flexibound
224 pages | 8½ × 9 in
Full color photography
throughout

Four seasons, 20 countries, 80 recipes—this is food that knows no borders.

Across the world, each established cuisine has an underlying backbone. Vietnamese food without fish sauce? Israeli cuisine without tehina? Not a chance. And yet so many dishes and ingredients cross borders. Food connects us, teaches us, and defines us. It allows us to encounter new people and tell new stories.

The Atlas Cookbook explores 20 countries across four regions, with recipes that celebrate each location but embrace seasonal local ingredients. This is easy, vibrant food that reminds us of all that we have in common.

Charlie Carrington's career in food started at the age of 16 when he ventured to London to train at Gordon Ramsay's eponymous Michelin-starred restaurant. After traveling and working across the world for eight months, Charlie returned to his hometown, Melbourne, to open one of the city's most innovative restaurants, Atlas Dining. Atlas received one hat in their first year and won best new restaurant from *Time Out*. Charlie was nominated by *Gourmet Traveller* as the best new talent in 2018.

- As it crosses regions, this book highlights what the world's different cuisines have in common as well as what makes them unique.
- Each region also aligns with a season: winter in Europe, spring in Asia, summer in South America, and fall in the Middle East.
- Charlie is an innovative and ambitious young Australian chef, whose award-winning restaurant, Atlas, changes cuisine three times a year.
- While the dishes are simple, each recipe includes tips on presentation to go one step further in creating a truly beautiful plate.
- *The Atlas Cookbook* is a stunning package combining food and travel photography that will appeal to both the foodie and the adventurer.

ISBN 978-1-74379-538-5



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FOOD & DRINK





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Pardiz

Persian Food
and Memories
**Manuela Darling-
Gansser**

November 2019
ISBN 9781743795194
CKB093000
\$45.00 | Hardcover
240 pages | 8 × 11 in
Full color photography
throughout

***Pardiz* is a personal journey into Manuela Darling-Gansser's "paradise past" as she returns to Iran as an adult to reconnect with the country she remembers so fondly from her childhood.**

This book is a celebration of that time; a compilation of memories, stories, and beautiful recipes that underline the depth and broad appeal of this great and enduring food culture. In *Pardiz*, Darling-Gansser shows how seamlessly Persian food fits with trends of today: flourishing food markets; the primacy of local ingredients; the health-giving aspects of vegetable-centric dishes; and the joys of a shared table. The latter is a theme in her book—and in her life.

In her choice of recipes—recognizing the great virtue that is simplicity—Darling-Gansser provides a sense of the diversity of Persian food—be it served in a restaurant, eaten at home, prepared for a picnic, or enjoyed on the street. Ultimately, she encourages readers to embrace the sociability that goes with the food as much as the food itself.

Manuela Darling-Gansser was born in Lugano, Switzerland, but moved to Iran with her family when she was a newborn. She lived there for the first nine years of her life, before returning to school in Zurich. An inveterate traveler and keen linguist, she has lived in the US, Japan, Italy, and the UK, and has visited other parts of Asia, India, and North Africa. Inspired by family traditions, she has been a passionate cook all her adult life. *Pardiz* is her seventh book.

- *Pardiz* includes more than 70 simple, easy-to-follow recipes showcasing the very best of Persian food.
- Evocatively illustrated with irresistible food and travel photography, as well as the author's personal photographs of her childhood spent in Iran.
- It shines a spotlight on an age-old cuisine that is particularly well suited to our modern way of eating. Many of the recipes featured can also be prepared in advance, making them perfect for fitting into the way we live now.
- Part memoir, part travel guide, and part practical cookbook, the combination adds up to a book that informs and inspires in equal measure.

ISBN 978-1-74379-519-4



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FOOD & DRINK





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Batch Cooking

Prep and Cook Your
Weeknight Dinners in
Less Than 2 Hours
Keda Black

November 2019
ISBN 9781784882754
CKB069000
\$24.99 | Hardcover
192 pages | 7¾ × 10¼ in
Full color photography
throughout

Master the art of batch cooking in this straightforward guide.

Cooking in large batches is the perfect way to save time and money. It also often turns out to be the healthier option—saving you from ready-meals and take-out; allows you to cook your produce when it's most fresh; and reduces how much food you throw away.

In *Batch Cooking*, Keda Black shows you how to get ahead of the game by using just two hours every Sunday to plan what you are eating for the week ahead and get most of your prep out of the way. By Sunday evening, you are looking forward to five delicious weeknight meals, and enjoying an overwhelming sense of calm about the week ahead.

The book covers 13 menus, with an easy-to-follow shopping list and a handy guide for how to tweak your plans for the season or your dietary requirements. Each menu is broken down into the Sunday preparation time and a day-by-day method to finishing the recipe. Recipes include a heartening Citrus, Coconut, Cilantro and Ginger Soup, a delightful Green Chakchouka with Feta, and an astoundingly easy Pear Brownie.

Keda Black is a cookery writer and the author of a number of books.

- Batch cooking helps to save time and money, as well as waste.
- Includes 13 weeks' worth of menus, with six recipes a week—covering Monday to Friday, and a (usually sweet) bonus recipe.
- Delicious, easy recipes that will appeal to anyone.

ISBN 978-1-78488-275-4



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FOOD & DRINK





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One-Pot Vegetarian

Easy Veggie Meals in
Just One Pot!
Sabrina Fauda-Rôle

August 2019

ISBN 9781784882570

CKB086000

\$19.99 | Paperback with flaps

192 pages | 8 × 8¾ in

Full color photography
throughout

Bringing together classic dishes and fresh originals, this book teaches you how to cook a complete vegetarian meal in just one pot.

From Tuscan Soup, to Risotto Primavera, Mac & Cheese and Vanilla Rice Pudding, Sabrina Fauda-Rôle has you covered for every night of the week, whatever mood you're in and however late you've gotten home from work. There are also recipes for Sunday gatherings and celebrations, warm summer evenings, and homely winter nights.

Vegetarianism is no longer just a trend—it has officially entered the mainstream, with commercial supermarkets and health authorities alike prioritizing balanced, plant-based meals as the go-to diet. With delicious, simple recipes you will return to again and again, *One-Pot Vegetarian* makes it easy for anyone to create tasty vegetarian meals in record time.

Sabrina Fauda-Rôle is an author and a food stylist. She is also the author of *Cookies in a Pan*, *Crumbles*, *One-Pot Pasta*, and *Jello Shots*.

- This is a great gift or self-buy for anyone who is time-poor and likes their weeknights to be flavorful, fuss-free, and with minimal dishes!
- Vegetarianism and veganism is still dramatically on the rise, with press coverage in national newspapers almost every day.
- Over 80 recipes that are all super-straightforward and guarantee you a delicious, plant-based meal in record time—some from pot to plate in as little as three minutes!



Also available
One-Pot Pasta
9781784880576
\$11.99 | 2016

ISBN 978-1-78488-257-0



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Let it Snow

24 Festive Cookies
and Treats
Agnes Prus

October 2019

ISBN 9781784882556
CKB042000

\$11.99 | Hardcover
64 pages | 6¼ × 7¼ in
Full color photography
throughout

A gorgeous, festive baking book for a sweet holiday season.

Let it Snow gathers 24 heavenly recipes for pastries, cookies, and sweet treats to make during the festive season—conjuring up a winter wonderland in your own kitchen.

Bring warmth and sweetness into your home during the coldest months of the year with a whole host of delights—from Matcha Coconut Trees to Apple Gingerbread to Chocolate Pecan Snowballs to Pistachio Rose Wreaths!

The recipes are simple and fun, with cute decoration ideas and festive photography throughout.

Even as a child, **Agnes Prus** filled her parents' kitchen with all kinds of sugary creations at Christmas. She began her career as an art historian, but finally listened to her heart and spent several years learning how to bake in a cafe in Cologne. She uses icing sugar, desiccated coconut, and other snowy treats to conjure the finest winter goods out of her oven at home.

- Fun, fresh recipes with new spins on classic ideas: think Matcha Coconut Trees, Poppy Marzipan Hearts, and Fruit Bread Swirls!
- Adorable, full color photographs to get you straight into the festive mood.
- Recipes make up to 50 treats each—great for parties, or feeding the whole family.

ISBN 978-1-78488-255-6



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FOOD & DRINK





Chefs Host Christmas Too

A Cook's Guide to Blitzing the Holiday Season
Darren Purchase

September 2019
ISBN 9781743794784
CKB029000
\$19.99 | Hardcover
192 pages | 6½ x 8½ in
Full color photography throughout

***Chefs Host Christmas Too* takes all the hassle (but none of the tinsel) out of cooking for the festive season, with more than 75 new takes on traditional Christmas fare from a world-class chef.**

With *Chefs Host Christmas Too* there's no need to be stressed about Christmas—at least not when it comes to hosting and feasting. It's time to play with Christmas—and we don't mean having a starring role in a pageant, but being the star of your own show. The approach here is fresh, fun, lighthearted, and accessible, with an enticing and cleverly put-together line-up of Christmas greats, and new twists on how to prepare them. *Chefs Host Christmas Too* includes everything you need to keep the throngs fed and entertained during this festive time, including family favorites, all the chef tips and tricks, and new takes on some classic fare.

British-born pastry chef **Darren Purchase** really does love Christmas! It's the sweetest time of year for him, his wife Cath and the team at his Burch & Purchase Sweet Studio in Melbourne, Australia. After the cheesy success of *Chefs Eat Melts Too* and the early-morning delight of *Chefs Eat Breakfast Too*, Darren has turned his hand to making the ultimate Christmas cookbook.



Also available
Chefs Eat Melts Too
9781743794593
\$19.99 | 2018



Also available
Chefs Eat Breakfast Too
9781743794852
\$19.99 | 2019

- Darren's *Chefs Eat...* series has been a runaway success around the world, with this the third installment to release in the US.
- With recipes across Canapes and Drinks, Starters and Bites, Sides and Salads, The Main Event/Showstoppers, Desserts and Cheese, Edible Gifts and, of course, Leftovers, it offers fun new takes on traditional Christmas fare as well as giving a Christmas twist to some classic dishes.
- Darren Purchase is recognized for his masterful, inventive and oft playful approach as a chef; he has a large profile and has featured on *MasterChef Australia*.
- Full color throughout with images that tantalize the taste buds and a fun, playful cover, it also includes fun features such as cute illustrations and sample menus.
- Great price point makes the perfect impulse purchase, stocking stuffer or gift this Christmas.

ISBN 978-1-74379-478-4



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FOOD & DRINK





draft cover

Cookie Love

Jean Hwang Carrant

August 2019

ISBN 9781784882587

CKB021000

\$11.99 | Hardcover

72 pages | 7½ × 7½ in

Full color photography
throughout

33 easy and delicious recipes for cookie lovers.

In *Cookie Love*, Jean Hwang Carrant reveals the secrets of how to make the ultimate cookies. Owner of a cookie shop in Paris, Jean is an expert cookie-maker and has all the best flavors up her sleeves. Try classics, such as Snickerdoodle or Chocolate Chip, as well as creative alternatives like Beer, White Matcha, or Choc Pecan Cranberry.

As well as this, *Cookie Love* also contains extra tricks to make cookies even more special in recipes such as Cookie Shots, Ice Cream Cookie Sandwiches, and Gingerbread Men. Whether you are looking for a tried and tested classic or a cookie with more unusual flavors, this book has you covered.

Jean Hwang Carrant grew up in Kansas, but, after falling in love with a Frenchman, moved to Paris where she now lives, making handmade, chewy cookies in her shop in the 2nd arrondissement.

- 33 different, delicious cookie recipes—from the classics to the creatives, including Pistachio, Honey, Peanut Butter, Choc Pecan Cranberry, Oat Matcha, Ginger, and M&Ms!
- Super easy instructions that anyone could follow.
- Mouth-watering photography throughout—every recipe looks so good, you will want to try them all!
- The average American adult eats 19,000 cookies in a lifetime!

ISBN 978-1-78488-258-7



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draft cover

Vignette

Stories of Life and Wine
in 100 Bottles
Jane Lopes

September 2019
ISBN 9781743795323
CKB088000
\$35.00 | Hardcover
240 pages | 7½ × 9 in
Full color illustrations
throughout

One of the world's top sommeliers explores wines to live with, learn from and take solace in.

In *Vignette*—part memoir, part guide—sommelier Jane Lopes recommends the 100 bottles of wine (and some spirits and beers) to best expand your wine knowledge, as illustrated through her own personal journey. The book gives you a complete education of the important styles, grapes, regions, and flavors of this magical and ever-growing world. You will find imaginative ways to engage with the foundational wine knowledge that underpins a good drinking experience. And with Jane's own narrative—the stories of love and loss that make up a life in wine—you'll see wine in a new light.

California-born and raised **Jane Lopes** is an accomplished sommelier who has worked at the highest levels, at Eleven Madison Park, in New York, and now, as wine director, at the globally acclaimed Attica restaurant, in Melbourne, Australia. In September she earned the coveted Master Sommelier Diploma, becoming one of just 34 females to have done so worldwide. Her unique approach to wine has been covered in *The New York Times*, *Eater*, *Wine Enthusiast* and *Food & Wine*, among others, and she appeared on the TV show *Uncorked*, which followed six sommeliers as they prepared for the grueling Master Sommelier exam. She was named a Best New Sommelier 2014 by *Wine & Spirits Magazine*, the same year she won the national Jeune Sommelier competition through the Chaîne des Rôtisseurs.

- *Vignette* is as informative as it is a beautiful package—tied together by the author's fascinating life in wine.
- There is nothing like this book—and at the same time, it is a book for almost everyone. It provides insight into the world of wine that can be accessible at a novice level and compelling at the expert level.
- Wine sales are at an all time high and still growing with a younger generation spending their disposable income on wine and restaurants.
- This book is for anyone who is curious about wine and trying to find meaningful ways to relate to it, or anyone who wants direction on how to taste through the world of wine.

ISBN 978-1-74379-532-3



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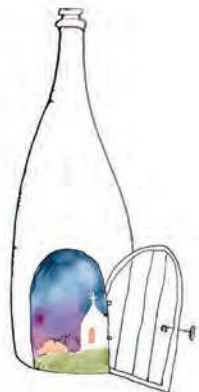
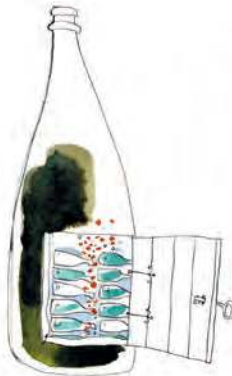
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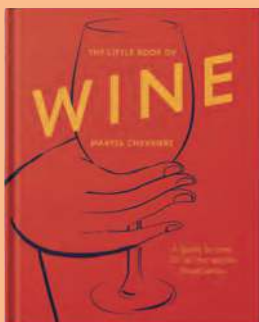
live, learn, find your truth



The origin of a bubble....



a happy accident: ancestral method



draft cover

The Little Book of Wine

The No-Nonsense Guide to Wine Grapes
Maryse Chevreire

August 2019
ISBN 9781784882488
CKB126000
\$14.99 | Hardcover
176 pages | 5½ × 7 in
Full color illustrations throughout

An illustrated guide to the world of wine—grape by grape.

The Little Book of Wine is a guide to the world's most prominent and essential wine grapes. Striking a balance between practical information and an approachable, conversational tone, author Maryse Chevreire goes varietal by varietal to provide an overview of the major wine-growing regions the grapes are grown in, the wines they make, and their flavor profile and distinguishing characteristics.

The book also features supporting information like fun, cleverly designed infographics on how to read the world's major wine labels, a glossary that breaks down the essential technical and tasting terminology you need to know to speak wine, and an introductory guide to basic food and wine pairings. Essentially, think of this book as your pocket sommelier: the one-stop-shop for everything you need to know about what's in your glass.

James Beard Award-winning humorist and certified sommelier **Maryse Chevreire** was most recently the Wine Director at Dominique Crenn's acclaimed San Francisco restaurant, Petit Crenn. She currently resides in Boston and is focused on maintaining her popular wine humor Instagram account @freshcutgardenhose and developing it into a full-scale business.

- A recent study from the wine industry nonprofit, Wine Market Council, tells us that millennials drink 42 per cent of all wine in the United States, more than any other age group—an average of three glasses per sitting to be exact.
- Additionally, overall, women consume 57 per cent of all wine in the United States.
- Full color illustrations throughout with an appealing package makes this the perfect gift for just about anyone who enjoys a glass of pink, red, or white!



Also available
The Little Book of Craft Beer
9781784881153
\$14.99 | 2017

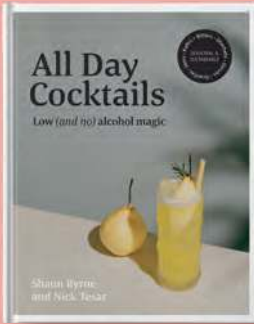
ISBN 978-1-78488-248-8



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All Day Cocktails

Low (And No) Alcohol
Magic
**Shaun Byrne &
Nick Tesar**

August 2019

ISBN 9781743795248

CKB006000

\$24.99 | Hardcover

224 pages | 7 × 8½ in

Full color photography and
illustrations throughout

A cocktail book that taps into the trend of low-alcohol drinking, with creative cocktail recipes that outshine their boozy counterparts.

All Day Cocktails meets the increasing demand for low- and no-alcohol cocktails, for people looking to make a positive lifestyle change. Rising to the challenge with creativity and passion, authors Shaun Byrne and Nick Tesar share their knowledge along with more than 90 inspired cocktail recipes. This book features around 50 varieties of citrus, berries, tropical fruits, stone fruits, pome fruits, vegetables, herbs, and nuts; each variety comes with a drinks-appropriate recipe (each with a myriad other uses) that is extended into easy, contemporary, low- and no- alcohol cocktails. The emphasis is on sustainability, including putting the component parts of each main ingredient to good use and drinking seasonally. Packed with information on everyday equipment, techniques, hacks, and information on buying and preparing sustainably, *All Day Cocktails* goes beyond the average cocktail book.

Shaun Byrne has been mixing drinks since he was legally allowed to—and has never really stopped. After spending four years working in restaurants and bars in Europe, he returned to Australia to become part of Melbourne's revered Gin Palace family.

Nick Tesar is a world-class competition bartender with an impressive resume of Melbourne it-list restaurants to his name. He focuses on getting the most out of incredible fresh produce, thinking laterally to extract flavor using the best equipment available.

- Low- and no-alcohol drinks are having a moment. This is driven by heightened awareness of health and a recognition that taste need not be diminished. This is for people who want to wake up feeling good!
- To help readers buy sustainably, the book features a table of local brands for each type of alcohol (covering Australia, Europe, and North America).
- A twin trend is sustainability and seasonality; the growing awareness that our drinking culture can adapt too.



Also available
**The Book of
Vermouth**
9781743793992
\$29.99 | 2018

ISBN 978-1-74379-524-8



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Halliday Wine Companion 2020

October 2019
ISBN 9781743795583
CKB088000
\$40.00 | Paperback
776 pages | 6 × 9 ¼ in
2-color text

The Bestselling and
Definitive Guide to
Australian Wine
James Halliday

The annual bible for lovers of Australian wine, detailing the best wineries and vintages of the key regions.

Halliday Wine Companion is recognized as the industry benchmark for Australian wine. The 2020 edition has been completely revised to bring you up-to-the-minute information. In his inimitable style, Halliday shares his extensive knowledge of wine through detailed tasting notes with points, price, value symbol, and advice on best-by drinking, as well as each wine's closure and alcohol content. He provides information about wineries and winemakers, including vineyard sizes, opening times, and contact details.

James Halliday is an unmatched authority on every aspect of the Australian wine industry and can be compared to the likes of Hugh Johnson, Robert Parker and Jancis Robinson. His winemaking has led him to sojourns in Bordeaux and Burgundy, and he has had a long career as an international wine judge. In 1995 he received the Australian wine industry's ultimate accolade, the Maurice O'Shea Award, and in 2010 he was made a Member of the Order of Australia.

- This is the bible for lovers of Australian wine—it is highly anticipated by wine connoisseurs each year.
- Includes a comprehensive list of the best wines and wineries that Australia has to offer, listed alphabetically either by region or winery.
- Includes reviews, styles, prices, and the history of wineries reviewed by James Halliday using his famous 5-star rating system—wineries use his reviews in marketing for their wines.
- James and Hardie Grant also have Australia's most popular wine website, www.winecompanion.com.au, as well as the *Wine Companion* magazine and app. The magazine won the Best Wine Publication for 2014 at the Wine Communicators Awards.

ISBN 978-1-74379-558-3



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Vodka

Over 40 of the
Best Cocktails for
Vodka Lovers
Dan Jones

October 2019
ISBN 9781784882495
CKB088000
\$16.99 | Hardcover
144 pages | 5¼ × 7¼ in
Full color illustrations
throughout

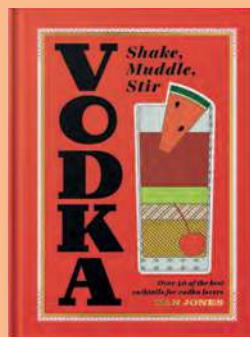
Over 40 enticing vodka-based recipes that will have you creating tasty and sophisticated cocktails in no time.

When it comes to boozy beverages, vodka is the undisputed king. From the Bloody Mary to the Moscow Mule, vodka is the alcoholic chameleon that is the base of many of the world's most beloved cocktails. In *Vodka: Shake, Muddle, Stir*, Dan Jones introduces readers to some fun and classy ways to consume this cherished tippie.

Starting with the basic kit for your home bar, and following with the best vodka-makers on the planet, this book will have you shopping for your bartending tools like a pro. With more Martini and Cosmopolitan recipes than you can shake a cocktail shaker at, as well as a glut of amazing cocktails you have never even heard of, this is a collection that will enhance your drink repertoire forever.

Dan Jones is a writer, editor, and drinker living in London. Formerly the senior men's editor at ASOS, he's an expert in style, grooming, and booze. He is the author of a number of books including *The Mixer's Manual*, *Man Made* and *Gin: Shake, Muddle, Stir*.

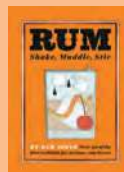
- The fourth book in the wildly popular Shake, Muddle, Stir series: following *Gin*, *Rum*, and *Tequila*.
- Vodka forms the base of so many of the world's favorite cocktails—the Cosmopolitan, the Bloody Mary, the Black Russian, the Moscow Mule, the Screwdriver, the Martini, Sex on the Beach ... the list goes on!
- Absolut Vodka's distillery cranks out half a million bottles a day just to satisfy the needs of American vodka enthusiasts.
- Since 1970, vodka has been the most consumed liquor by volume in the United States.



draft cover



Also available
Tequila
9781784881658
\$16.99 | 2018



Also available
Rum
9781784881337
\$16.99 | 2017





draft cover

Less Stuff

Simple Zero-Waste
Steps to a Joyful and
Clutter-Free Life
Lindsay Miles

August 2019
ISBN 9781743795446
HOM022000
\$19.99 | Flexibound
224 pages | 6½ × 8½ in
Full color illustrations
throughout

A simple, joyful guide to decluttering that's mindful of the planet.

When we consider how we love to spend our time, we don't tend to think about sorting, cleaning, or tidying the clutter that fills our spaces, stresses us out, and keeps us stuck. Our stuff stands in the way of the lives we dream about. But what about when it comes to throwing away all that stuff? Decluttering is great for our mental wellbeing, and, when done right, it can be good for the planet too.

Less Stuff is a guide for people who find it difficult to declutter and who don't want to see things go to waste. Step by step, you'll explore finding your "enough," learn how to let go of your old possessions without sending them to landfill, and eventually break the cycle of stuff.

Lindsay Miles is a passionate zero-waste and plastic-free living spokesperson and educator who helps people to find more meaningful lives with less waste and less stuff. She has been sharing ideas and strategies on her popular website, *Treading My Own Path*, since 2013, and has been featured by the BBC, *The Guardian*, *The Sunday Times*, *TreeHugger*, TEDx and more.

- Zero waste and minimalism are two of the biggest current global trends—this book combines both in an original, practical and genuinely meaningful way.
- Takes readers step-by-step through their house, showing them exactly how to declutter and how to get rid of what they don't want. It's a more sustainable version of the Marie Kondo method.
- Includes interactive workbook elements to encourage readers to take action.
- Lindsay is a passionate eco-blogger and waste activist, embedded within the zero-waste community, with a strong media profile. She regularly appears in the global media and has done a TEDx Talk.
- Lindsay has over 50k followers across social media platforms @treadingmyownpath and www.treadingmyownpath.com, with 27% in the US.

ISBN 978-1-74379-544-6



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Waste Not Everyday

Simple Zero-Waste
Inspiration 365 Days
a Year
Erin Rhoads

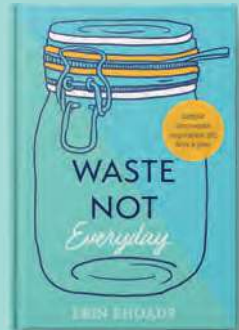
December 2019
ISBN 9781743795552
HOM022000
\$14.99 | Flexibound
240 pages | 4½ × 6½ in
Full color illustrations
throughout

All the tips, tricks and motivation you need to transition to a less wasteful life.

A waste-free lifestyle is actually achievable—for everyone, every budget, and every schedule. Not ready to dive straight into composting, or to go totally plastic-free yet? *Waste Not Everyday* is your step-by-step, day-by-day guide to simple, progressive lifestyle changes that will have a big effect on what you throw out, and on the health of our planet. With tips, tricks, recipes, motivation, and inspiration, Erin Rhoads, well-known author of *Waste Not* and passionate waste advocate, takes you on a gentle journey towards zero waste. Split into four easy-to-follow parts, *Waste Not Everyday* features 365 achievable daily changes that will lead to a genuine shift in thinking and action, and motivational reminders to help you keep sight of the bigger picture.

Erin Rhoads has been writing about her zero-waste journey since 2013. Her blog, The Rogue Ginger, quickly became one of Australia's most popular eco-lifestyle websites and now has an international following. Erin is a prominent commentator on zero-waste living and is a regular contributor to the global media. She divides her time consulting with businesses on waste reduction, sharing skills and ideas at workshops and talks for kids and adults, and participating in environmental action groups.

- *Waste Not Everyday* makes the zero-waste lifestyle achievable for all readers with its 365 tips and motivational reminders.
- This book is a great gift with benefits that extend beyond the individual.
- The zero-waste movement is a growing trend that will only continue to gain importance in years to come.
- Erin Rhoads, also known as the Rogue Ginger, is a passionate and well-known advocate of the zero-waste lifestyle with 20k Instagram followers.



draft cover



Also available
Waste Not
9781743794623
\$24.99 | 2019

ISBN 978-1-74379-555-2



9 781743 795552

5 1499



draft cover

Celebrate

Stylish Inspiration for
Every Occasion
Chyka Keebaugh

September 2019
ISBN 9781743795668
HOM003000
\$29.99 | Hardcover
224 pages | 8½ × 10½ in
Full color photography
throughout

***Celebrate* is a guide to themed entertaining throughout the year, styling events from Jewish New Year to Thanksgiving.**

In *Celebrate*, Chyka Keebaugh celebrates occasions from around the world and shares tips, inspiration, and suggestions for hosting the perfect themed event. Covering occasions as diverse as Chinese New Year, Eid, Jewish New Year, Mother's Day, Halloween, Thanksgiving, New Year's Eve, and Easter, Chyka shows readers how themed entertaining is done with minimum hassle and at low cost, independent of the location—all in her signature, accessible style.

Organized into 13 chapters by event, each section provides creative suggestions for decoration, food and drinks, invitations, and small gifts, and provides insights into the charming customs common at many of our holidays and festivals. Beautifully photographed and illustrated, *Celebrate* is the perfect manual for themed entertaining in style throughout the year.

Chyka Keebaugh is a style expert and design entrepreneur, as well as one of the stars of *The Real Housewives of Melbourne*. She is also editor-in-chief of her own online home and interiors magazine, Chyka.com, and leads a group of event and hospitality companies, including The Big Group and The Design Depot.

- Inspiring but achievable ideas tailored to events throughout the year.
- Covers a broad range of events, from New Year's Eve and Eid to Chinese New Year, Halloween, and Thanksgiving.
- Chyka has a dedicated, international fan base with over 250k online followers, including 130k Instagram followers @chykak

ISBN: 978-174379566-8







draft cover

Embroidery Now

Contemporary Projects
for You and Your Home
Jennifer Riggs

October 2019
ISBN 9781784882532
CRA008000
\$19.99 | Paperback with flaps
144 pages | 8 × 10 in
Full color photography
throughout

A beautiful guide to 30 modern hand embroidery projects for your home and wardrobe.

Embroidery Now is a stylish hand-embroidery guide for the modern maker. Author and expert stitch-maker Jennifer Riggs outlines the basics of classic embroidery stitching as well as the tools and equipment you'll need, and then teaches you how to use them to create 30 beautiful and practical projects for the home, and to wear.

Projects include a gorgeous Boho Stitched Lampshade, a bold, graphic Monogram Shirt, Embroidered Accent Pillow, Geometric Stitched Notebook cover, and much, much more. Packed with tips, tricks, and lots of inspiration, *Embroidery Now* shows that, with just a few simple stitches, some basic materials, and an idea or two, you can stitch just about anything.

Jennifer Riggs is the brains behind the popular website and Instagram, Thread Honey, which has over 63.5k followers. She is a trained graphic designer and pop culture enthusiast currently living in Salt Lake City.

- A stylish, on-trend embroidery guide for the modern maker.
- New and experienced embroiderers alike will be delighted by the fresh motifs and bold color palettes.
- Each project features easy step-by-step instructions and templates.
- None of the projects require special equipment other than a sewing needle, thread, and sometimes a hoop.

ISBN 978-1-78488-253-2



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draft cover

This Guy

Jamie Ferguson

October 2019

ISBN 9781784882525

DES005000

\$45.00 | Hardcover

256 pages | 8 7/8" x 12 in

Full color photography
throughout

A look at the menswear industry through the lens of 25 fascinating subjects.

This beautiful photographic collection is a celebration of modern menswear. In it, photographer Jamie Ferguson profiles 25 men from the fashion industry, covering a range of ages, geographical locations, and personal styles.

Each of the men profiled work in menswear, but enjoy passions of their own. Tommaso Capozzoli is a rower who belongs to an exclusive club whose headquarters sit below the Ponte Vecchio in Florence, Ilcky Genes is a painter, Matt Hranek is currently restoring an old French villa in the Medoc, Christian Kimber is an avid surfer, Simon Crompton a keen cyclist, and Antonio Ciongoli a gifted skateboarder. *This Guy* not only captures their impeccable style, but the lives that made them too. Full of aspirational life stories, beautiful photography, and cutting-edge fashion, *This Guy* is the perfect luxury coffee-table book for anyone who appreciates the finer things in life.

Jamie Ferguson is a freelance photographer specializing in menswear and lifestyle imagery. He has been working in the menswear industry for over a decade and in the last three years has been freelancing for renowned brands, stores, and magazines across the world, including Muji Japan, MR PORTER, and *Esquire's Big Black Book*.

- Photographer Jamie Ferguson already has a huge following, with over 46.7k followers on Instagram.
- Beautiful, high-end production gives this book a luxurious feel.
- An excellent gift for anyone interested in armchair travel, fashion, or photography.

ISBN 978-1-78488-252-5



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Bolder

How to Grow Older
**Helen Cathcart &
Dominique Afacan**

September 2019
ISBN 9781784882563
SEL005000
\$19.99 | Hardcover
112 pages | 5½ × 7 in
Full color photography
throughout

A beautiful and inspiring portrayal of how to age with power and grace.

Bolder is on a mission to change perceptions about growing older. Ageing is a constant for all of us, every minute, every hour, every day. And ... gasp, it can be fun. This book captures a journey to find people aged 70 and older who are still creating, inspiring, or working, and who make old age look like a great place to be.

One of the stories features a woman who fell in love and married aged 82. Another features a man who swims a mile in the Mediterranean Sea every morning, aged 85. All of the interviewees featured are engaged with and excited by the world around them. And so many of them cite the happiest age of their lives as now, not then.

Dominique Afacan has been editing luxury lifestyle magazines for over 10 years. For the last two years, she's been based in London, but has also lived in Hong Kong, New York, and Milan.

Helen Cathcart is a lifestyle photographer based in London. She specializes in travel, food, and interiors.

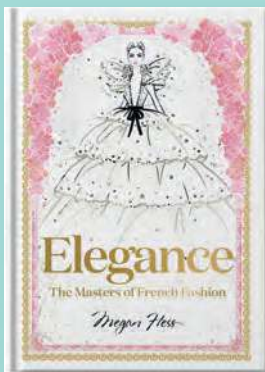
- Gorgeous lifestyle photography throughout.
- A positive look at aging and embracing older age gracefully.
- Inspiring stories from 25 exceptional individuals from around the world.

ISBN 978-1-78488-256-3



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draft cover



Also available
Iconic
9781743794371
\$24.99 | 2018



Also available
The Dress
9781742708232
\$24.95 | 2014

Elegance: The Masters of French Fashion

Megan Hess

October 2019
ISBN 9781743794425
DES005000
\$24.99 | Hardcover
192 pages | 5 $\frac{7}{8}$ × 8 $\frac{1}{2}$ in
Full color illustrations
throughout

Internationally renowned fashion illustrator Megan Hess goes beneath the seams of 10 of France's most well-known and best-loved designers in a stylish celebration of one of the world's favorite fashion destinations.

From the courts of Versailles to the cobbled streets of Paris, French fashion has always been the epitome of chic. Whether they're draping a piece of silk into a sumptuous evening gown or creating the perfect little black dress, the masters of French fashion understand that clothing is more than a craft: it's an art form. Join Megan Hess on an unforgettable journey to the global fashion capital to encounter 10 iconic French fashion houses: Chanel, Dior, Chloé, Saint Laurent, Givenchy, Balmain, Balenciaga, Louis Vuitton, Lanvin, and Hermes. Complete with Megan's spectacular illustrations of French fashion's most stylish ready-to-wear and exquisite haute couture, *Elegance: The Masters of French Fashion* is a celebration of one of the world's favorite fashion destinations.

Megan Hess is an acclaimed fashion illustrator. Destined to draw, she has worked with some of the most prestigious fashion designers and luxury brands around the world, including Chanel, Dior, Fendi, Tiffany & Co., Saint Laurent, *Vogue*, *Harper's Bazaar*, Harrods, Cartier, Balmain, Louis Vuitton and Prada. Visit Megan at meganhess.com. This is Megan's eighth book.

- *Elegance* is the second in Megan Hess's series on the masters of fashion design; *Iconic: The Masters of Italian Fashion* was released in October 2018, and future titles will take an in-depth look at the fashion of the United States and Britain.
- This book will be in the same beautiful hardback format as Megan's previous books such as *The Dress*, *Coco Chanel*, *New York: Through a Fashion Eye* and *Paris: Through a Fashion Eye*.
- Internationally, Megan has sold over 500,000 books across 10 languages.
- Megan's intricate full-page fashion illustrations are hugely recognizable and evoke the distinctive style of each designer.
- This is the perfect Christmas gift for fans of Megan's work and any fashion lover or Francophile.

ISBN 978-1-74379-442-5



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draft cover

Claris: Book & Toy Gift Set

Claris: The Chicest Mouse in Paris
Megan Hess

October 2019
ISBN 9781760502805
JUV002180
\$22.99 | Book & Toy
6 $\frac{3}{4}$ × 8 in
Full color illustrations throughout

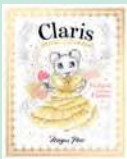
This gorgeously designed gift set includes a hardback copy of *Claris: The Chicest Mouse in Paris* and your very own plush Claris toy!

A delightful rhyming tale about courage, compassion and a stylish little mouse, from acclaimed fashion illustrator Megan Hess.

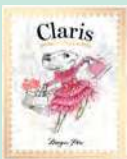
Claris: The Chicest Mouse in Paris follows an adorable mouse who dreams of moving to Paris to follow her fashion dreams. One day, she bravely takes the leap—only to find a mean little girl with a horrible-looking cat standing in the way of her perfect Parisian apartment! Can Claris use all her wit, warmth and—of course—style to make her dreams come true?

Claris: The Chicest Mouse in Paris is the first picture book in a dazzling new series for lovers of *Eloise* and *Olivia*. Destined to delight fashion-obsessed readers of all ages!

Megan Hess is an acclaimed fashion illustrator who works with some of the most prestigious fashion designers and luxury brands around the world. She is the official illustrator for Bloomingdales New York, and completed the cover artwork for all of *Sex and the City* author Candace Bushnell's books, as well as a private commission for Michelle Obama, and has collaborated with Gwyneth Paltrow. *Claris: The Chicest Mouse in Paris* is her first children's book.



Also available
Claris: Fashion Show Fiasco
9781760502874
\$17.99 | 2019



Also available
Claris
9781760502591
\$17.99 | 2018

- This beautiful gift set includes a hardback picture book featuring a foil finish alongside Megan's stunning illustrations. The soft and cuddly Claris plush toy stands at 2 $\frac{2}{5}$ × 6 $\frac{2}{7}$ in and features a removable dress.
- One of the world's best-known fashion illustrators, Megan Hess is a genuine publishing phenomenon, and her books have sold over 500,000 copies worldwide.
- Destined to delight fashion-obsessed readers of all ages! More children's books from Megan are on their way!

ISBN 978-1-76050-280-5



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Pocket Queer Wisdom

Inspirational Quotes and
Wise Words from Queer
Icons Who Changed
the World

August 2019
ISBN 9781784882853
REF019000
\$9.99 | Hardcover
96 pages | 4¼ × 5 in
Full color illustrations
throughout

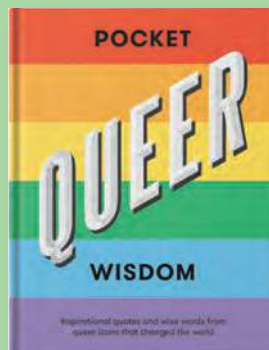
A celebration of LGBTQIA+ icons and the brilliant things they have said.

Featuring beautifully illustrated portraits, *Pocket Queer Wisdom* is a tribute to some of the most inspirational people of all time.

LGBTQIA+ people are some of the coolest in history—legendary figures such as Freddie Mercury, Virginia Woolf, Laverne Cox, Harvey Milk, and Audre Lorde have made an unforgettable impact. Queer subculture has had an enormous influence on style, music, art, and literature—the queer community were the first to vogue, throw shade, and say YAS to life before it hit the mainstream.

This little book brings you their best pearls of wisdom in your back pocket.

- Full color illustrations throughout, with mini-biographies about each person featured.
- 2019 marks the 50th anniversary of the Stonewall Uprising and a half-century of LGBTQIA+ liberation.
- For the first time in its 20-year history, WorldPride will be held in the United States in 2019.



draft cover

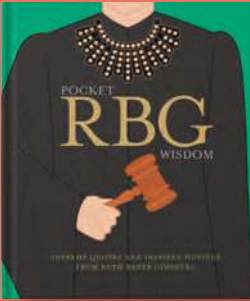


Also available
Pocket Frida
Kahlo Wisdom
9781784881801
\$9.99 | 2018



Also available
Pocket Coco
Chanel Wisdom
9781784881399
\$9.99 | 2018





Pocket RBG Wisdom

Supreme Quotes and Inspired Musings from Ruth Bader Ginsburg

March 2019
ISBN 9781784882877
REF019000
\$9.99 | Hardcover
96 pages | 4¼ × 5 in
Full color illustrations throughout

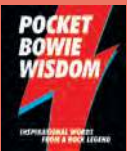
A collection of witty and powerful words from the “Notorious RBG.”

Pocket RBG Wisdom is an unofficial collection of some of the most empowering and impactful quotes from the powerhouse Associate Justice of the Supreme Court of the United States. After a quarter century serving on the highest court in America and fighting tirelessly for gender equality and civil rights, RBG has become one of the most influential legal figures in the history of the country. From her landmark cases working with the ACLU to her brilliantly meme-worthy moments of dissent, RBG is a true American trailblazer.

- The latest in the bestselling Pocket Wisdom series.
- Brilliant and powerful life lessons from a true icon.
- Captivating package with a foil-accented cover, and great price point—the perfect gift or impulse buy.



Also available
Pocket Michelle
Obama Wisdom
9781784881320
\$9.99 | 2017



Also available
Pocket Bowie
Wisdom
9781784880736
\$9.99 | 2016

ISBN 978-1-78488-287-7



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RBG on...

GENDER EQUALITY

“

Women will have achieved true equality when men share with them the responsibility of bringing up the next generation.

”

GENDER EQUALITY

6

“

The state controlling a woman would mean denying her full autonomy and full equality.

”

GENDER EQUALITY

7



draft cover

365 Days of Creativity

Inspire Your Imagination
with Art Every Day
Lorna Scobie

October 2019
ISBN 9781784882792
ART028000
\$19.99 | Flexibound
352 pages | 6¼ × 8¼ in
Full color illustrations
throughout

Explore your inner artist and spark your creative self.

365 Days of Creativity is a thoughtful and inspiring book designed to help you carve out moments of self-expression and unlock your creative potential. Award-winning illustrator Lorna Scobie shows you that art does not have to be scary—it can be done with any materials, in any color, in any style, and, most importantly, it can be done anywhere!

Featuring a creative thought for every week, goal-setting, and mood-based activities, as well as plenty of supportive prompts and tips, this fun and inspiring book will make a perfect gift and keepsake as well as being a powerful tool for positive change.

Lorna Scobie is a London-based illustrator and designer of cheeky characters and critters. Her clients include *NYLON*, Hermès, Stella McCartney, Wimbledon Tennis AELTC, and *ANORAK*. Her work has won awards from It's Nice That, Macmillan and Penguin.

- Offers a daily activity—one for each day of the year—designed to encourage creativity and to think outside the box.
- A springboard for your own sketchbooks, paintings, and taking your art further.
- Specially conceived to encourage self-reflection, mindfulness, and to unlock the creative part of your mind—all of which have been proven to have a powerfully positive influence on our lives.
- This is the third title in the bestselling 365 series—*365 Days of Art* and *365 Days of Drawing* have already sold a whopping 105,000 copies worldwide!



Also available
365 Days of Art
9781784881115
\$19.99 | 2017



Also available
365 Days of Drawing
9781784881955
\$19.99 | 2018

ISBN 978-1-78488-279-2



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104

Draw everything you have in your pencil case.



105

Turn these paint splodges into animals.



12

Add leaves and fruit to the branches of the tree.



13

Colour the white circles to create different colour combinations. Perhaps you will find a new colour pairing which you haven't considered before. Does the colour look appealing against the background stripe?





draft cover

I Will Always Love You

The Loves, Break-ups
and Songs that Have
Made History

Marisa Morea

December 2019

ISBN 9781784882761

BLO004000

\$16.99 | Hardcover

144 pages | 5 × 7 in

Full color illustrations
throughout

I Will Always Love You is a journey through the best love stories of the music world and the great songs they inspired.

This vibrant book illustrates the failures and fairytales of the musical couples that came together—personally and professionally—to give us hope about everlasting love.

Marisa Morea takes us through it all: from when Leonard Cohen met Janis Joplin in the elevator of the Chelsea Hotel, to when Debbie Harry laid eyes on Chris Stein in a crowd in 1974, to the public fights and passionate reconciliations of Serge Gainsbourg and Jane Birkin ... there are stories of drugs, drink, and brutal betrayal, but also of true love and old-fashioned romance.

Traveling through all the feels, fixations, and heartbreaks that co-wrote the golden eras of pop and rock music, we relive the best of them with Ike and Tina Turner, Courtney Love and Kurt Cobain, John Lennon and Yoko Ono, June Carter and Johnny Cash, and so many more.

Marisa Morea is a freelance illustrator based in Madrid, Spain. After working for a few years as an Art Director in advertising, she decided to quit and try life as a full-time illustrator. Her work has been published internationally by Penguin Random House, Simon & Schuster, SM, Nosy Crow, Sterling, and Little Tiger Press.

- Fun, full color illustrations and handwritten sections throughout bring the stories to life and make for a high-spirited, engaging experience.
- Whether you're a '60s flower child or a '90s grunge kid, this is the perfect self-buy or gift to plunge into the tumultuous world of love and music.
- You can read this book cover-to-cover or dip in and out of it as you please.

ISBN 978-1-78488-276-1



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HUMOR & GIFT





Seeing Stars (Series)

Stella Andromeda

All available October 2019
OCC009000
\$11.99 each | Hardcover
144 each | 4¾ × 6 in each
Full color illustrations
throughout

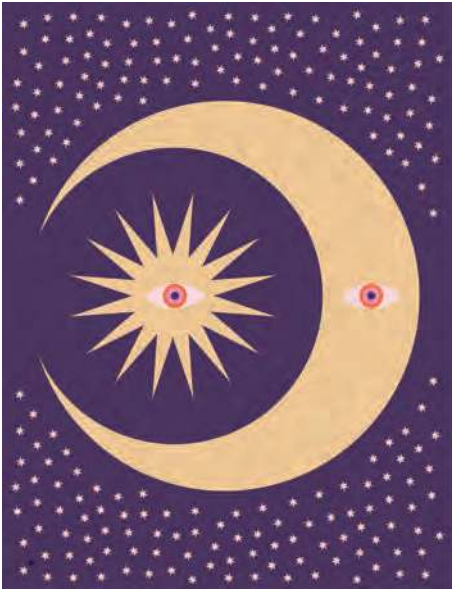
A guide to living your best astrological life.

In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. The Seeing Stars series tells you everything you need to know about living your best astrological life, teaching you how to harness the ancient power of the zodiac, and open your mind to what the universe can bring you in ways you never would have imagined.

Whether you're a spiky Scorpio, a sassy Leo, or a curious Gemini—this is your guide to a very starry future. A fresh, poppy package with full color illustrations, a Seeing Stars book is a no-brainer self-buy or gift for any of your nearest and dearest.

Stella Andromeda is an astrology buff and yoga enthusiast. She lives in London.

- Astrology is BIG, with millennial women turning to the stars in times of uncertainty. See articles from "How Astrology Is Soothing Millennial Women's Souls" on Refinery29, to "How Astrology Took Over the Internet" in *The New York Times*.
- There are no other competitors in the market for fun, bright, gifty, illustrated zodiac books like this—everything out there is a bit serious, with muted colors and straight advice. This is the first series to speak to the true millennial market.
- At this steal of a price point, these are the perfect gifts for literally anyone—feels personal when all you need to know about them is their birthday!



What is astrology?

AS ABOVE, SO BELOW

AMON

In simple terms, astrology is a study and interpretation of how the planets can influence us, and the world in which we live, though an understanding their positions at a specific place in time. The interpretation of this relies on a combination of factual knowledge of the characteristics of these and their psychological interpretation.

Astrology is less of a belief system but a tool for living, from which ancient and established wisdom can be drawn. Any of us can learn to use astrology, not so much for divination or telling the future, but as a guidebook that provides greater insight and a more thoughtful way of approaching life. Timing is very much at the heart of astrology, and knowledge of planetary configurations and their relationship to each other at specific moments in time, can assist in helping us with the timing of some of our life choices and decisions.

7

I.

Lucky Colour

Green, including the blue-greens of the turquoise spectrum, resonating with the gentility and refinement of the sign ruled by Venus, who Botticelli painted as rising from the sea. Wear these colours and connect with your Taurus energy when you need a psychological boost and additional courage, choosing accessories – shoes, gloves, socks, hat – or underwear, if you don't have other clothes in this colour.

II.

Lucky Day

Friday. The end of the working week for most of us, when the hardworking bull can look forward to some rest. Friday actually links the Old English goddess Frigg with her Roman counterpart, Venus, and we also see this in the French word for Friday, Vendredi.

III.

Lucky Gem

Emerald. The traditional green of the emerald reminds us that Taurus is an earth sign, and the flashing green fire of this precious stone is also thought to ward off and protect Taurus from green-eyed jealousy.

IV.

Locations

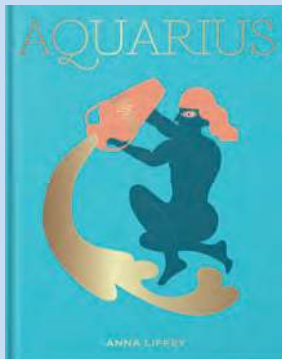
Midway astrology – not boring, but to do with the world (from the Latin, mundus) – gives locations an astrological sign, and location astrologues believe it's worth considering where you live and work in order to gain most personal benefit. So when we say a city or country is ruled by a sun sign, this is why.

Taurus countries include Australia, Ireland, Tanzania and Switzerland and are considered astrologically beneficial to those born under this sign, while cities ruled by Taurus include, Honolulu, Dublin, Lucerne and Palermo.

16

17

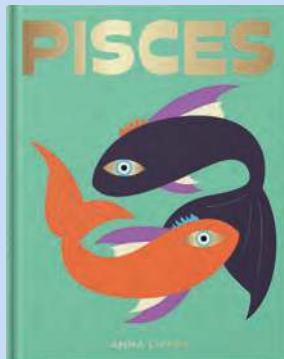
A guide to living your best astrological life.



ISBN 978-1-78488-260-0



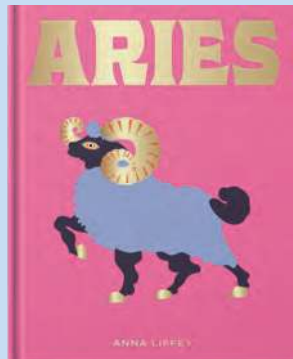
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ISBN 978-1-78488-268-6



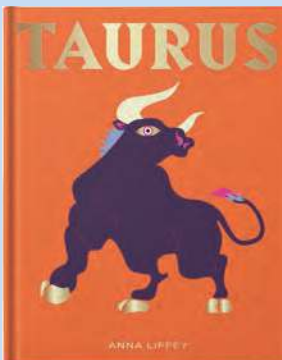
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ISBN 978-1-78488-261-7



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ISBN 978-1-78488-264-8



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ISBN 978-1-78488-265-5



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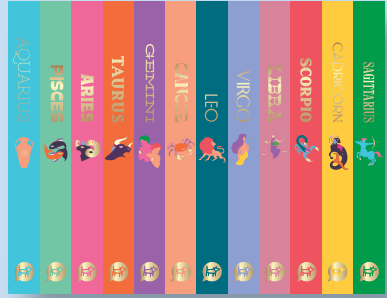


ISBN 978-1-78488-271-6



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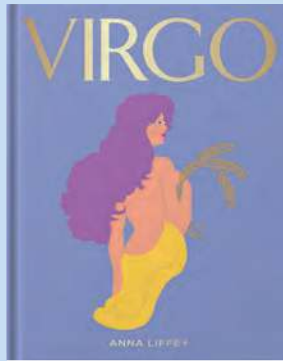




ISBN 978-1-78488-262-4



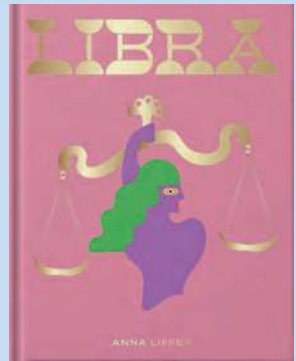
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ISBN 978-1-78488-263-1



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ISBN 978-1-78488-270-9



9 781784 882709



ISBN 978-1-78488-266-2



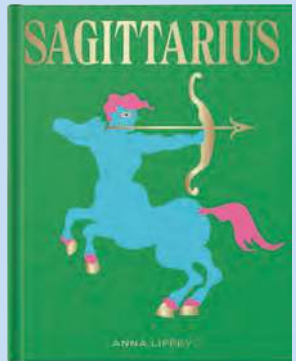
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ISBN 978-1-78488-267-9



9 781784 882679



ISBN 978-1-78488-269-3



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Seeing Stars Counterpack

Available October 2019
\$0.00 | 24-copy display
17 × 6¾ × 15¾ in

Bring the stars to your store with this sparkling counterpack display.

Carrying 24 copies of our Seeing Stars series, this counterpack will make sure the millennial astrology trend is front and center in your store. Available as an empty display, or delivered to you with a 24-copy assortment of Seeing Stars books.

ISBN 978-1-78488-289-1



Empty counterpack
\$0.00

ISBN 978-1-78488-290-7



Full counterpack with 24-copy assortment
\$287.76

Daily Oracle

Answers from Your
Higher Self
Jerico Mandybur

October 2019
ISBN 9781784882730
OCC019000
\$14.99 | Hardcover
368 pages | 4¾ × 6 in
Spot illustrations and
graphic design

Wisdom, magical insights and answers to life's most burning questions.

There has never been a better time to embrace the unknown—and *Daily Oracle* is all you need to help you do it. With deep wisdom, cosmic insight and a wicked sense of humor, this magical advice-giver offers its readers refreshing insight and guidance on how to navigate all and any of life's curveballs—from everyday decisions to sticky spots to real-deal challenges.

Designed to be opened at random onto one page every day, this beautifully designed book will act as your motivational call-to-action, helping you to thrive in this new age!

A true digital native, **Jerico Mandybur** is the founding editorial director of the media company *Girlboss* (led by Sophia Amoruso and born from the eponymous *New York Times* bestselling book) that's redefining success for millennial women. Jerico hosts the hit podcast *Self Service*, a "cosmic comfort-zone" dedicated to discussing self-care with a spiritual edge. She's also a tarot reader and reiki practitioner. She has led editorial teams at Mashable, *Oyster Magazine*, ASOS, MTV, and more.

- A quick hit of instant guidance on any subject you like—*Daily Oracle* is the sassier, superior sister of the Magic 8-Ball.
- Designed to help solve some of life's most difficult problems.
- Filled with feminist-inspired ideals to help transform the lives and minds of the next generation of women—the perfect gift for any woman in your life.
- Intriguing, inspiring, and enormous fun to use.



draft cover



Also available
Neo Tarot
9781784882372
\$35.00 | 2019

ISBN 978-1-78488-273-0



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draft cover

Mama Moon's Book of Magic

A Compendium of
Rituals, Spells & Potions
for the Modern World
Semra Haksever

November 2019

ISBN 9781784882747

OCC026000

\$22.99 | Hardcover

224 pages | 6¼ × 8¼ in

2-color illustrations throughout

The ultimate guide to modern magic.

Mama Moon, AKA neo-witch and bohemian entrepreneur Semra Haksever, is back with her third book of magic for the modern world.

Inside her most comprehensive magical handbook yet, find spells to cover every part of your life, from work, to health, to friendship, to romantic love; together with seasonal spells, to help you navigate equinoxes and solstices; and spells to get to know yourself better and guide you forward.

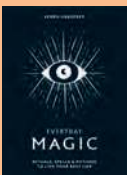
Alongside spells, find magical exercises, creative prompts, space for free association, advice for creating your own vision boards and oracle cards, magical recipes for enchanted dinner parties, and much more.

Semra Haksever was a fashion stylist for over a decade before starting Mama Moon, a bespoke collection of magical scented candles and potions. She has practiced reiki, crystal therapy, and moon rituals for over 20 years, and has always held the desire to create ritualistic tools that are accessible to all. She is the author of *Everyday Magic* and *Love Spells*.

- In these uncertain times people are gravitating towards empowering practices like meditation, crystals, smudging, and astrology.
- Mysticism allows people to feel in control of their lives and minds.
- The “Now Age” trend continues to explode—making its way into fields from fashion, to media, to interiors, to self-care.
- Semra’s first book, *Everyday Magic*, was a runaway success, reaching the #1 spot on Amazon.



Also available
Love Spells
9781784882310
\$14.99 | 2019



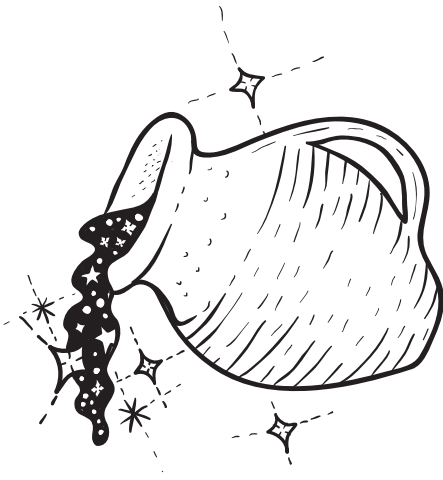
Also available
Everyday Magic
9781784881924
\$14.99 | 2018

ISBN 978-1-78488-274-7



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Your Dream Life Starts Here

Essential and Simple Steps to Creating the Life of Your Dreams
Kristina Karlsson

August 2019
ISBN 9780648317203
SEL021000
\$24.99 | Paperback
332 pages | 7 × 9½ in
Full color photography throughout

Your dream life awaits—start it today!

This book is filled with powerful ideas and simple proven tools that will help you transform your wishes into dreams, and then into an achievable one-page roadmap for creating your dream life—a life designed by you for you, and for your loved ones.

Filled with simple and practical advice alongside stories and wisdom from a range of creative and inspirational figures, this book will show you how to harness the power of dreaming to transform your life in small, simple steps.

Whether you want to get the most out of your personal life, career or business, the insights on dreaming and doing in this book may be your most important learnings this year.

Kristina Karlsson is the founder and Creative Director of global Swedish design and stationery business, *kikki.K*. With the deep personal experience of the power of dreaming and then doing, Kristina is on a mission to encourage people the world over to follow their own dreams.

- *kikki.K* is one of the bestselling stationery brands in the world. With 102 *kikki.K* stores globally, and products available in 250 external retailers and online, *kikki.K* is sold in over 147 countries worldwide.
- Featuring stories of Dr Tererai Trent (Oprah Winfrey's all-time favorite guest), Arianna Huffington, Stella McCartney, Sir Richard Branson, Oprah Winfrey, Li Cunxin (author of *Mao's Last Dancer*), Alisa Camplin (winner of a remarkable Olympic gold medal), Michelle Obama, and others.
- Practical and inspiring, this is a perfect gift or self-purchase.
- US\$1 from the sale of every book will be donated to the Tererai Trent International Foundation, helping Tererai build on the generous foundational support she received from Oprah Winfrey, and supporting her dream to provide universal access to quality education for children, regardless of their gender or socio-economic backgrounds.

ISBN 978-0-64831-720-3



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Dream Life Journal

Kristina Karlsson

August 2019

ISBN 9780648331209

SEL044000

\$19.99 | Notebooks & Journals

268 pages | 7 × 9½ in

3-color graphics throughout



This journal is your essential workbook for all the exercises in Kristina Karlsson's inspiring book *Your Dream Life Starts Here*.

Putting pen to paper and working through the exercises at the end of each chapter is where you will get the most value from *Your Dream Life Starts Here*. Reading is one way of learning, but absorbing yourself in doing the exercises will take you to a whole new level and will have the most positive impact on your life. You'll find the exercises stimulating, fun, challenging, exhilarating, and sometimes even confronting. But your dream life lies somewhere beyond your comfort zone. Kristina Karlsson, founder of kikki.K and author of *Your Dream Life Starts Here*, highly recommends that you use this journal designed specifically to accompany her book. It includes all the worksheets and space you need—making the process of starting your dream life simple and easy for you.

Kristina Karlsson is the founder and Creative Director of global Swedish design and stationery business, kikki.K. With the deep personal experience of the power of dreaming and then doing, Kristina is on a mission to encourage people the world over to follow their own dreams.

- kikki K is one of the bestselling stationery brands in the world. With 102 kikki.K stores globally, and products available in 250 external retailers and online, kikki.K is sold in over 147 countries worldwide.
- Practical journal format that sits as the perfect companion to the *Your Dream Life Starts Here* book.
- Kristina's new dream is to inspire and empower 101 million people just like you to write down their own dreams on paper and bring them to life. Why? Because by dreaming, we can all help to make the world a better place, starting with us.





draft cover

Love Your Sparkle

Meredith Gaston

November 2019

ISBN 9781743795507

HEA010000

\$19.99 | Hardcover

240 pages | 6½ × 9 in

Full color illustrations throughout

Meredith Gaston's delightful words and illustrations show how finding our sparkle can make all the difference to our lives.

Every single one of us can discover so many ways to find our sparkle, and sparkling is indeed what we were born to do. Drawing inspiration from the limitless beauty and mystery of the cosmos of which we are all part, in *Love Your Sparkle* Meredith encourages us to create joyous, rich, and fulfilling lives that we can truly love. Meredith's integrative and practical approach to flourishing in daily life will uplift, soothe, and inspire her readers, through her thoughtful prose, whimsical watercolor illustrations, uplifting affirmations, meditations, plant-based recipes, and so much more. We all understand what it's like to live in the light, and in the dark. For Meredith, it's about revealing the insights that challenges can awaken, through visualizing the world as a place of love, full of healing and wonderful possibilities to explore. By turns warmly encouraging and practical, Meredith's voice will inspire you to shine. It's time to live your life with sparkle.

Meredith Gaston is an internationally acclaimed Australian illustrator and the author of seven bestselling books. Meredith also exhibits original works in high-profile galleries locally and internationally, and collaborates with brands to bring her joyful signature style to commercial and charitable enterprises. Meredith lives with her husband on the picturesque Mornington Peninsula in Victoria, Australia.

- A new, more meaningful approach to self-care in daily life, taking inspiration from the infinite cosmos.
- Includes Meredith's beautiful, signature watercolor illustrations, a compelling feature of all her books, which have sold many thousands of copies throughout Australia and across the world. Her artwork also sells and exhibits internationally.
- Features prose, meditations, and affirmations for mindful, joyous living, as well as natural home and lifestyle tips for happy, healthy living.
- Contains delicious, health-giving vegan and vegetarian recipes that are simple to make and promote sparkling health.



Also available
The Art of Kindness
9781743794692
\$19.99 | 2019



Also available
The Art of Wellbeing
9781743793510
\$24.99 | 2017

ISBN 978-1-74379-550-7



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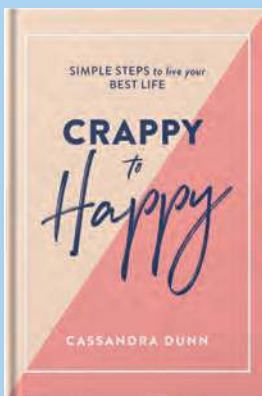


IT IS IN
NATURE THAT
REAL HEALING
BEGINS, FOR
OURSELVES
AND FOR OUR
EARTH.



m





Crappy to Happy

Simple Steps to Live
Your Best Life
Cassandra Dunn

December 2019
ISBN 9781743795118
SEL016000
\$14.99 | Hardcover
192 pages | 5 × 7½ in
2-color throughout

Practical tips for living your best life right now.

You might think happiness is to be found in a pay raise or a new job, a vacation, a marriage (or divorce), an updated kitchen or that great pair of shoes you have your eye on. But the cliché is true: happiness truly is in the journey, not the destination. Psychologist Cassandra Dunn believes that happiness is available to all of us—and not just in some picture-perfect ideal life. Cass has helped thousands of people get from *Crappy to Happy* with her hit podcast of the same name. In this book Cass expands on those conversations and provides even more information and practical tools, helping you learn to let go, to find your people, to determine your direction, and more. Your journey to living your best life begins right here and now.

Cassandra Dunn is a clinical and coaching psychologist and an experienced mindfulness educator, workshop facilitator, and keynote speaker. She hosts the wildly popular *Crappy to Happy* podcast, which has reached over 2 million downloads.

- 10 easily digestible chapters are each followed by three key takeaway steps, making it really easy to start implementing Cass's practical advice.
- As a Master of Psychology (Clinical) and Science (Coaching Psychology), Cass explains the science behind our emotions so that we can better understand how we can change them.
- The *Crappy to Happy* podcast, which Cass began with trainer Tiffany Hall in 2017, has had over 2 million downloads in Australia, averaging 150,000 downloads per month. It was the number one health podcast in Australia for several months and is being championed by PodcastOne in the US market.
- The book's beautiful format makes it a lovely gift for others or self purchase.

ISBN 978-1-74379-511-8



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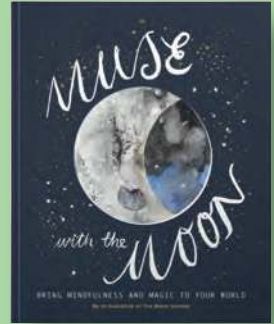


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Muse with the Moon

Bring Mindfulness and Magic to your World

September 2019
ISBN 9781784882549
OCC010000
\$19.99 | Flexibound
224 pages | 6¼ × 8¼ in
Full color illustrations throughout



draft cover

A creative journal inspired by the moon.

Muse with the Moon is designed to interrupt the hustle of everyday life and inspire a more meaningful and deliberate pace of living with the help of the lunar cycle. Featuring full-color illustrations throughout, this thoughtful journal pairs insightful quotes with creative prompts that spark self-reflection through writing, drawing, list-making, and more.

Divided into the eight phases of the moon, it highlights the focus for each lunar phase: from setting New Moon intentions to listing daily goals, affirmations and dreams. This beautiful and intimate book will encourage you to center your energy, slow down, and navigate the confusion and chaos of daily life.

- Combines four big trends: journaling, magic, slow living, and mindfulness.
- Daily prompts, check-ins, and “dream space” in which to write your goals, intentions, and aspirations.
- A booster shot of self-care when you need it most.
- Divided into the eight lunar phases, with journal sheets and creative exercises that harness the emotions and intentions of each moon phase.

ISBN 978-1-78488-254-9



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draft cover



Also available
Hong Kong
Precincts
9781741174694
\$29.99 | 2017

Slow Travel

A Movement
Penny Watson

November 2019
ISBN 9781741176674
TRV026000
\$40.00 | Hardcover
240 pages | 8 × 10 in
Full color photography
throughout

A motivational and inspirational book for those seeking to reconnect with the world through leisurely travel.

It can be challenging to travel at your own pace in the modern world without falling for the temptations of fast planes, cheap airlines, last-minute tickets, quick-fix travel apps, and overzealous tour operators. To actually take a back seat and allow yourself time to embrace the ebb and flow of travel requires a more thoughtful and philosophical way of journeying. *Slow Travel: A Movement* is a beautifully designed and practical compendium of places, activities, tours, and experiences that will inspire you to get on the road in your own time and on your own terms. This book explores slow travel as a physical and philosophical endeavor, taking readers off the beaten track and through nature, discovering ways to meaningfully explore the world's most chaotic cities, and unveiling journeys that will nurture talent and ignite the inner self. In this fast-paced world, it's worth adjusting your vacation time to a pace we can all strive to keep up with.

Penny Watson is a trained journalist and award-winning travel writer with a serious case of wanderlust. She has traveled the world, written feature articles for countless magazines, newspapers and blogs, and researched a number of guidebooks.

- Beautifully packaged, this book is both a practical and aspirational guide.
- *Slow Travel* takes readers on a physical and philosophical journey that escapes the fast pace of the modern world and lets them connect with their inner selves through meaningful travel.
- Slow travel is one of the top travel trends to watch in 2018 and beyond, cited in Adventure Travel Trade Association and various other articles.
- Penny Watson is an experienced traveler. She has written for a number of guidebooks including Punk Publishing's *Cool Camping Europe* guide, Lonely Planet's *Australia* guide, and Hardie Grant Publishing's *Hong Kong Precincts* and *London Pocket Precincts*.

ISBN 978-1-74117-667-4



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TRAVEL



The Food Lovers Series

Discover the best places to eat in your favorite cities around the world with these practical guides.

- This series takes well-known places and finds the lesser-known food cultures, chefs, and cuisines that are shaping the food scene in their own way.
- Offers insight into the history and future of food in each city, from the pizza wars in Rome to the details of Tokyo's 150,000 restaurants to the culturally unique eleventh arrondissement in Paris.
- Modern design targeted at the younger hipster audience.
- Each book comes with a removable jacket that includes a practical city map to take on your travels.



ISBN 978-1-74117-662-9



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Tokyo for Food Lovers

Jonas Cramby

August 2019

ISBN 9781741176629

CKB048000

\$19.99 | Paperback

176 pages | 6½ × 8¾ in

Full color photography throughout

From smoky yakiniku eateries and steaming ramen restaurants, to cocktail bars the size of wardrobes and rowdy punkizaya joints with fantastic small plated dishes—find all the best places to eat and drink in Tokyo within these pages. Author Jonas Cramby says, "Writing a restaurant guide to Tokyo seems close to an impossible task. Tokyo, as it happens, is not simply the best food city in the world, it is also the largest." This book is his highly personal guide to this dynamic city. Organized into chapters for different types of food experiences, this guide includes many great photos and interviews with local chefs. It will help you to locate the finest kitchens and food stores on offer, decipher menus and rules of etiquette, and advise you on first-class dining close to wherever you are in the city.

Swedish-born **Jonas Cramby** is a food writer for *Café* magazine and *Metro*. He has written five highly praised books on cuisine that have been published in several countries across the world.

Paris for Food Lovers

Elin Unnes

August 2019

ISBN 9781741176605

CKB034000

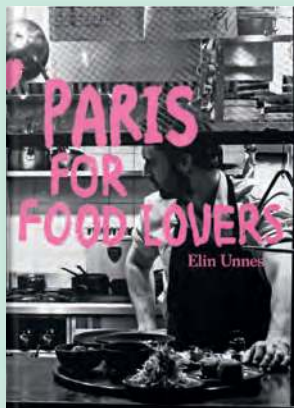
\$19.99 | Paperback

176 pages | 6½ × 8¾ in

Full color photography throughout

Discover the coolest places to eat in the City of Light, from the best market stalls, the tastiest and cheapest oysters, restaurants in alleys, bars in the cellar, and places serving “nouvelle nouvelle cuisine.” Author Elin Unnes is at the cutting edge of Paris’s food scene, and says, “The new French chefs are not necessarily French. They are French-Japanese-Nordic. And it doesn’t matter where they come from. It’s an intoxicating fairytale world where a little bit of everything can happen.” Organized into chapters for different parts of Paris, this guide includes many great photos and interviews with local chefs. It covers all the places Hemingway didn’t drink at.

Elin Unnes is a Stockholm-based music and gardening journalist. She has been editor at various Swedish publications and writes regularly for *Dagens Nyheter* and *Allt om Trädgård*. She is also the author of acclaimed Swedish books *The Secret Gardener* (2014) and the follow-up *Herbariet* (2016).



ISBN 978-1-74117-660-5



Rome for Food Lovers

Peter Loewe

August 2019

ISBN 9781741176612

CKB047000

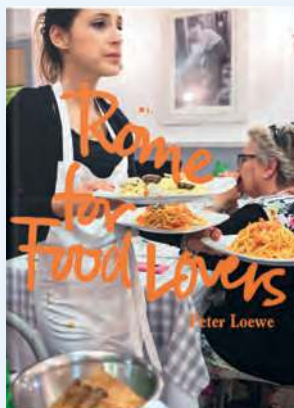
\$19.99 | Paperback

176 pages | 6½ × 8¾ in

Full color photography throughout

Find all the best eateries the city of Rome has to offer, from trattorias that have been in the same family for decades to restaurants, pizzerias, bars, cafes, gelaterias and, delis. Author Peter Loewe also details the ongoing pizza wars in Rome, why Italians are not fatter, and what might be hiding in a true Roman belly. Peter has traveled far out into Rome’s periphery, to find the places in which the traditions of Roman food and family recipes live on. Organized into chapters for different types of eateries and food stores, this guide includes many great photos and interviews with local chefs. Given the many tourist traps that have multiplied in central Rome, a guide to the city’s restaurants is more important than ever.

Swedish-born **Peter Loewe** is a journalist and correspondent for *Dagens Nyheter* and has lived in Rome for over 30 years. Food and wine are two of Peter’s special interests and he is a regular contributor to Swedish publications such as *Gourmet* and *Allt om Vin*.



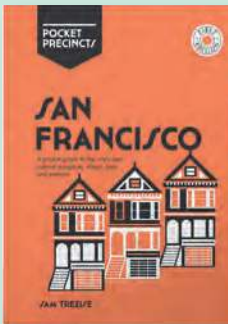
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- Includes detailed maps at the back, and also includes a field trip section encouraging readers to venture further afield.



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ISBN 978-1-74117-640-7



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Wanderlust in Berlin

Julian Tompkin

January 2020
ISBN 9781741176476
TRV009060
\$24.99 | Paperback
232 pages | 6 × 9 in
Full color photography
throughout

The next installment in the *Curious Travel Guides* series that highlights the best of a city's coffee, culture, and good food from an insider's perspective, following *Sundays in Paris* and *Lost in Florence*.

According to the locals, Berlin is a city that never is but is always becoming. Indeed, with its heady elixir of history, culture, and indulgence, the German capital is constantly reinventing itself, making it a curious destination for travelers over the centuries. *Wanderlust in Berlin* unlocks this enthralling city, taking you to the very best places in its patchwork of uniquely independent boroughs. From its culinary renaissance, maverick coffee culture and notorious bar scene, through to its edgy cultural offerings, distinguished museums, and stirring history, *Wanderlust in Berlin* is an insider's compendium that reveals the best of Berlin, whether you have a few days to discover the city or more time to wander around.

When Australian writer **Julian Tompkin** first visited Berlin, the East German parliamentary "palace" was still standing beside the River Spree, and Potsdamer Platz was very much a clamorous work-in-progress. Much has changed since then, and Julian has spent the last 15 years witnessing this once-divided city's rousing transformation. He writes regularly for newspapers, magazines, and broadcast media around the world.

- Perfect for all kinds of travelers, including those who may only have the weekend to spend in the city or those on an extended stay.
- Includes detailed reviews of selected cafes, restaurants, wine bars, galleries, shops and museums.
- Sleek, contemporary design with beautiful images, and a luxe soft-touch cover make these books a beautiful keepsake as well as an informative guide.



Also available
Lost in Florence
9781741176360
\$24.99 | 2019

ISBN 978-1-74117-647-6



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Modern Living in Mexico City

Cristina Alonso

January 2020
ISBN 9781741176452
TRV014000
\$24.99 | Paperback
232 pages | 6 × 9 in
Full color photography throughout

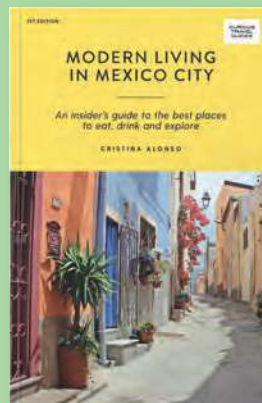
Discover why Mexico City has become one of the top global destinations to visit in this latest installment of the *Curious Travel Guide* series.

In 2016 *The New York Times* listed Mexico City as the number one place to go in the world. With nearly 40 million tourists visiting the country in 2017, tourism to Mexico is booming.

Overcoming old stereotypes, the country's capital has undergone something of a cultural renaissance and is now both an enchanting and world-class travel destination. *Modern Living in Mexico City* is your comprehensive guide to navigating the city's seemingly endless cultural attractions, eclectic food and drinks scene, shops, galleries, and legendary markets. From major sights to recently opened venues that showcase the city's young and vibrant energy, author Cristina Alonso will ensure you make the most of your visit and then have plenty of reasons to return to the most progressive city in Latin America.

Born and raised in Mexico City, **Cristina Alonso** credits her father and grandfather for sharing their endless need for exploring and writing—a passion she's been lucky enough to turn into a full-time job as a travel writer and editor, contributing to publications such as *Time Out New York* and *Travel + Leisure Mexico*.

- The next installment in the *Curious Travel Guides* series that highlights the best of a city's coffee, culture, and good food from an insider's perspective, following *Sundays in Paris* and *Lost in Florence*.
- Perfect for all kinds of travelers, including those who may only have the weekend to spend in the city or those on an extended stay.
- Includes detailed reviews of selected cafes, restaurants, wine bars, galleries, shops, and markets.
- Sleek, contemporary design with beautiful images, and a luxe soft-touch cover make these books a beautiful keepsake as well as an informative guide.



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Also available
Sundays in Paris
9781741175417
\$24.99 | 2018

ISBN 978-1-74117-645-2



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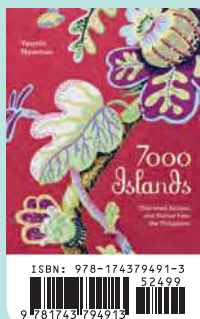
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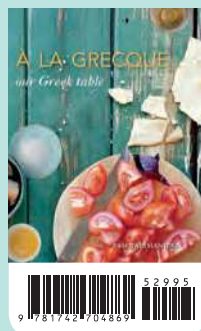
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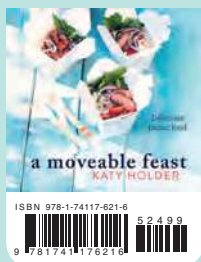
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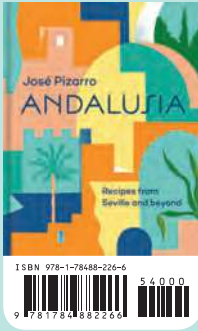
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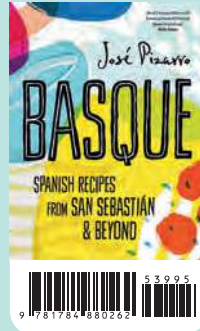
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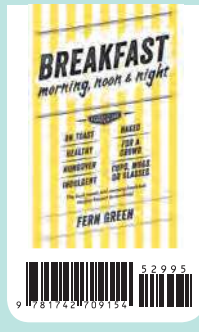
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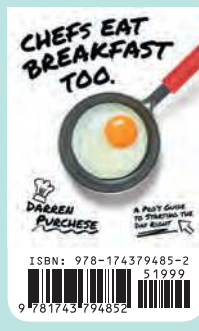
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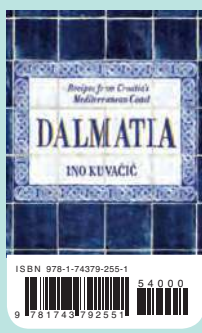
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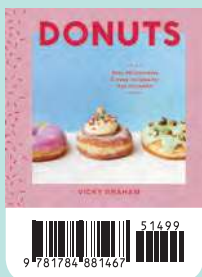
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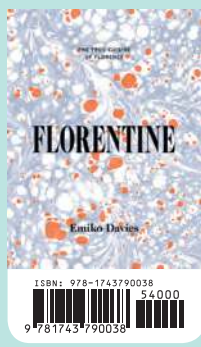
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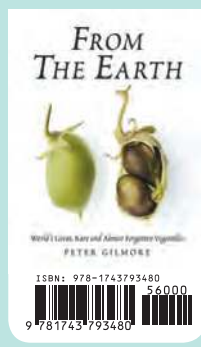
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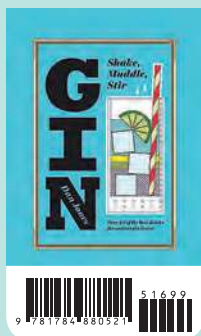
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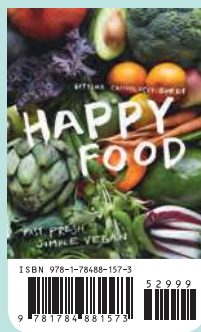
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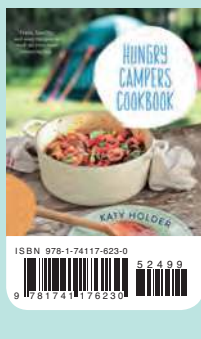
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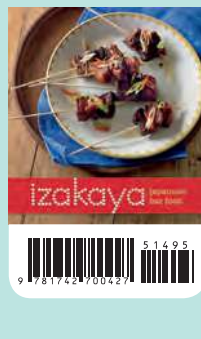
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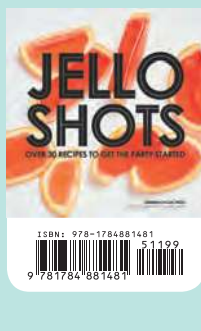
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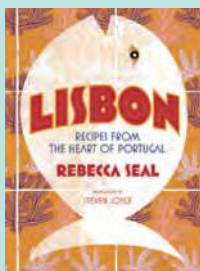
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Sandra Mahut
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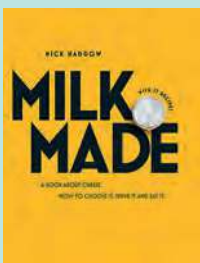
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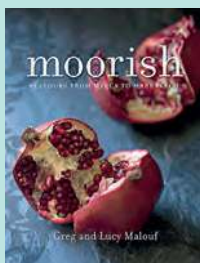
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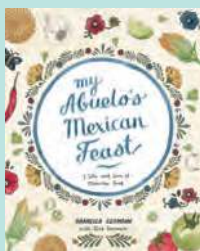
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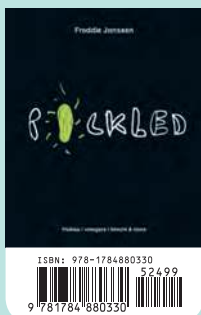
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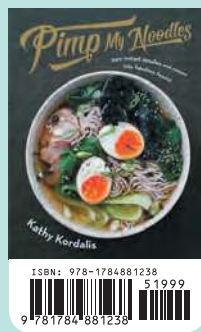
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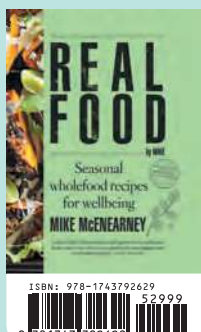
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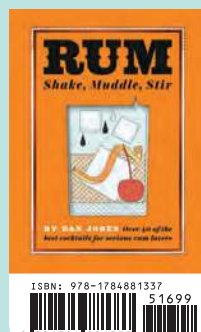
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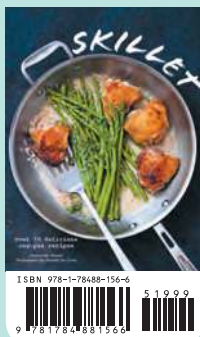
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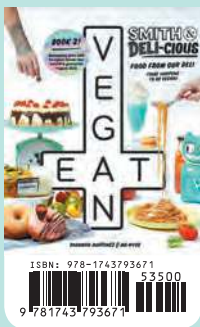
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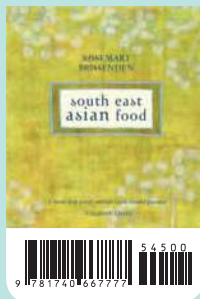
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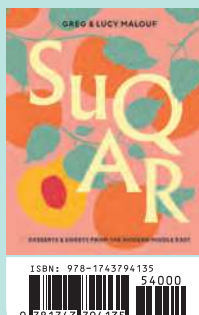
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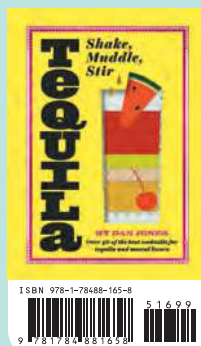
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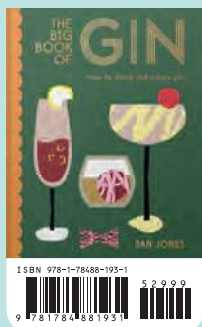
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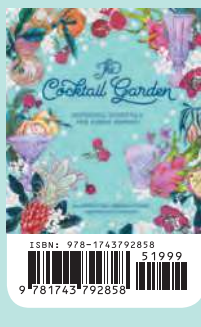
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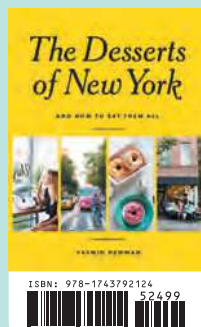
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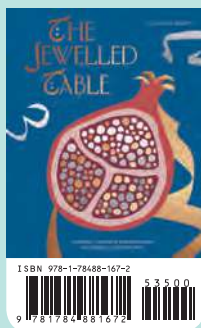
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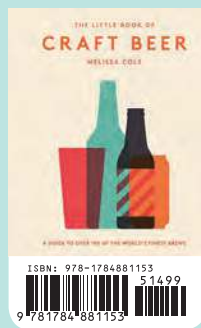
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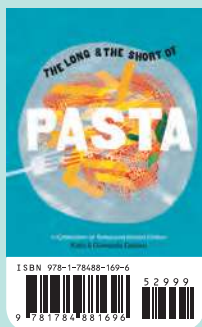
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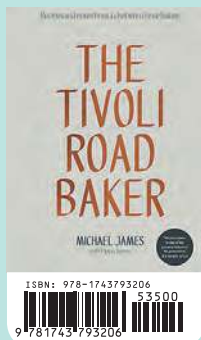
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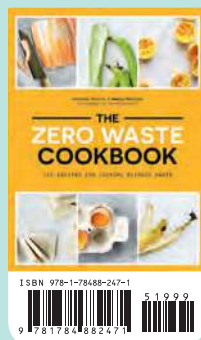
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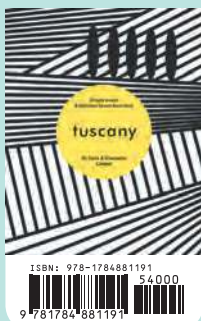
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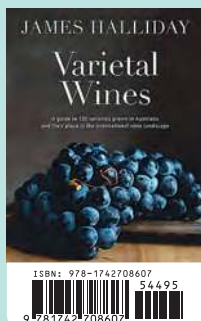
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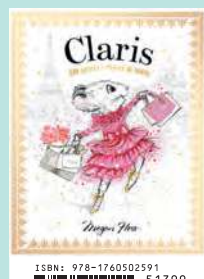
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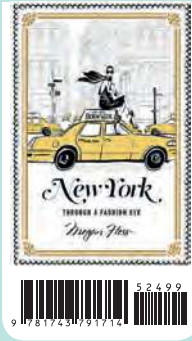
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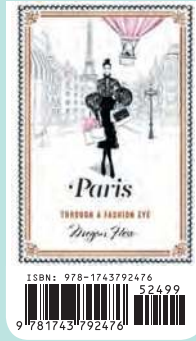
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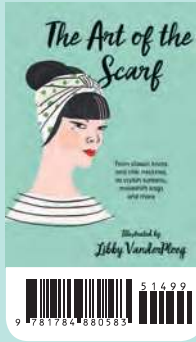
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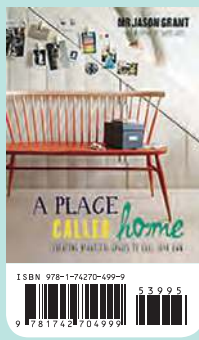
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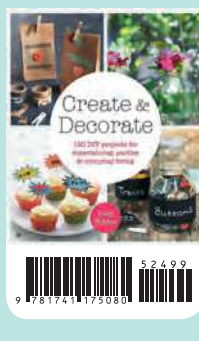
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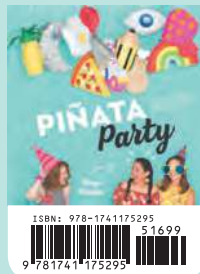
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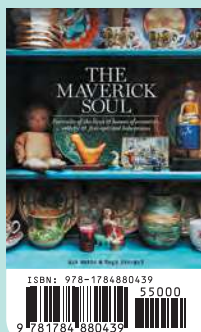
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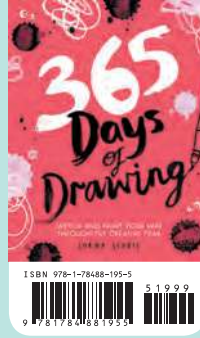
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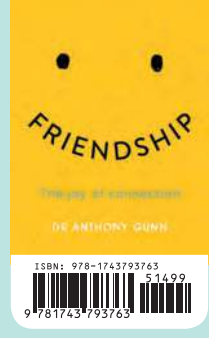
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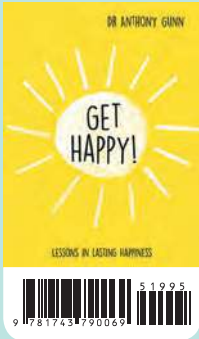
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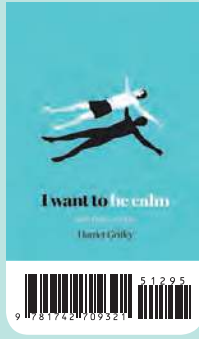
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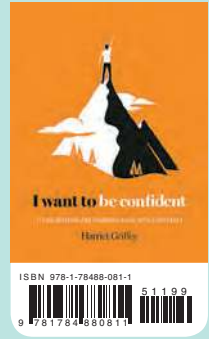
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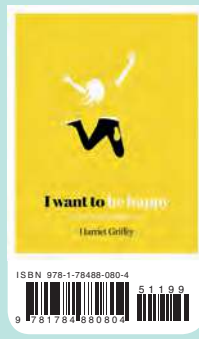
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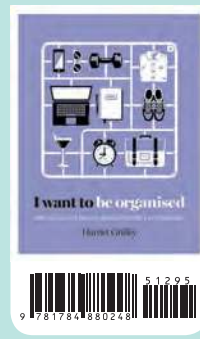
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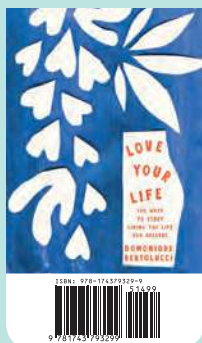
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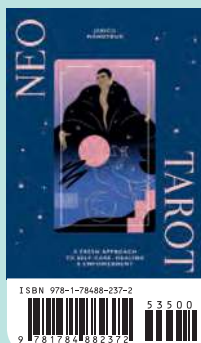
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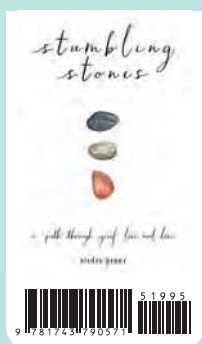
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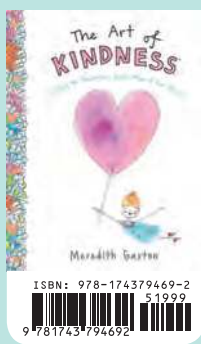
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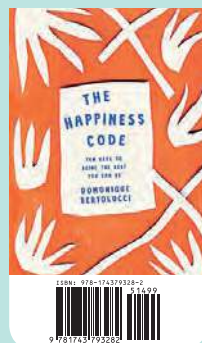
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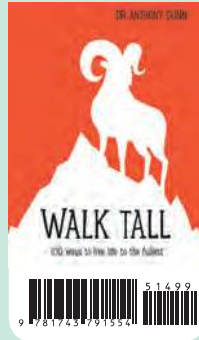
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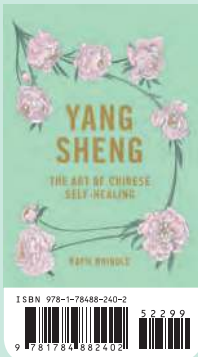
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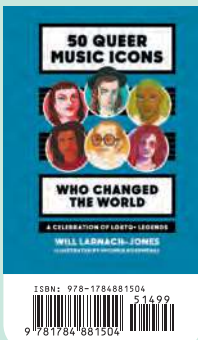
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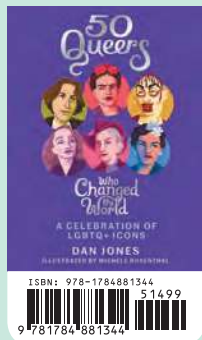
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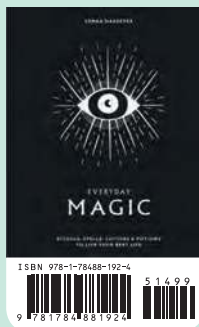
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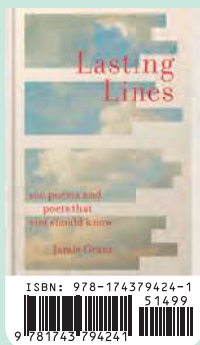
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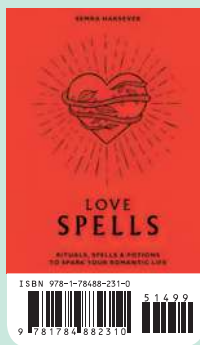
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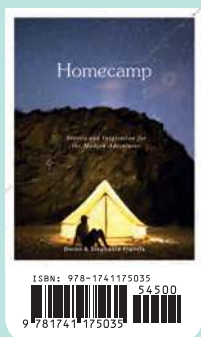
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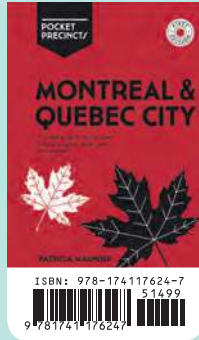
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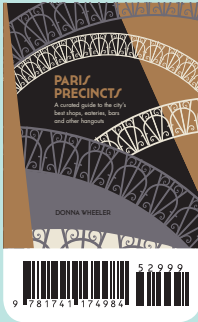
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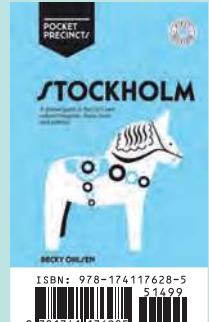
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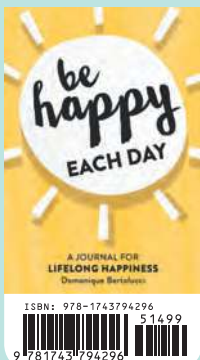
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