

Flatiron Books
On Sale: May 7/19
5.38 x 8.25 • 320 pages
9781250192479 • \$23.50 • pb
Biography / Political

#### **Notes**

#### Promotion



## A Higher Loyalty

Truth, Lies, and Leadership by James Comey

1 New York Times Bestseller now in paperback with new material

In his book, former FBI director James Comey shares his never-before-told experiences from some of the highest-stakes situations of his career in the past two decades of American government, exploring what good, ethical leadership looks like, and how it drives sound decisions. His journey provides an unprecedented entry into the corridors of power and a remarkable lesson in what makes an effective leader.

Mr. Comey served as director of the FBI from 2013 to 2017, appointed to the post by President Barack Obama. He previously served as U.S. attorney for the Southern District of New York, and the U.S. deputy attorney general in the administration of President George W. Bush. From prosecuting the Mafia and Martha Stewart to helping change the Bush administration's policies on torture and electronic surveillance, overseeing the Hillary Clinton e-mail investigation as well as ties between the Trumpcampaign and Russia, Comey has been involved in some of the most consequential cases and policies of recent history.

#1 New York Times Bestseller

By far the most consequential book yet in the literature of the Trump presidency." - NPR

" A Higher Loyalty is the first big memoir by a key player in the alarming melodrama that is the Trump administration. Comey's book fleshes out the testimony he gave before the Senate Intelligence Committee in June 2017 with considerable emotional detail, and it showcases its (...)

#### **Author Bio**

On September 4, 2013, James Comey was sworn in as the seventh Director of the FBI.

A Yonkers, New York native, Jim Comey attended the College of William and Mary and the University of Chicago Law School. After law school, Comey returned to New York and joined the U.S. Attorney's Office for the Southern District of New York as an Assistant U.S. Attorney. There, he took on numerous crimes, most notably Organized Crime in the case of the *United States v. John Gambino, et al*. Afterwards, Comey became an Assistant U.S. Attorney in the Eastern District of Virginia, where he prosecuted the high-



Flatiron Books
On Sale: May 21/19
6.12 x 9.25 • 384 pages

9781250217745 • \$36.50 • CL - With dust jacket

Bus & Econ / New Bus Enterprises

Notes

**Promotion** 



#### **Bitcoin Billionaires**

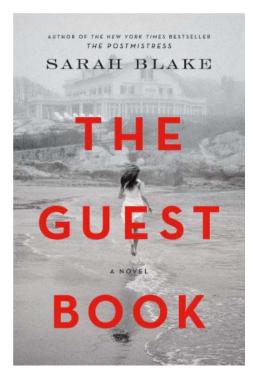
by Ben Mezrich

From Ben Mezrich, the *New York Times* bestselling author of *The Accidental Billionaires* and *Bringing Down the House*, comes *Bitcoin Billionaires* - the fascinating story of brothers Tyler and Cameron Winklevoss's big bet on crypto-currency and its dazzling pay-off.

#### **Author Bio**

BEN MEZRICH has authored 20 books, with a combined printing of over four million copies, including Bringing Down the House, which spent sixty-three weeks on the NYT bestseller list. His book The Accidental Billionaires: The Founding of Facebook, a Tale of Sex, Money, Genius and Betrayal debuted at #4 on the New York Times list and hit bestseller lists in over a dozen countries. The book was adapted into the movie The Social Network, nominated for eight Academy Awards and winner of four Golden Globe for Best Motion Picture.





Flatiron Books
On Sale: May 7/19
6.25 x 9.25 • 448 pages
Includes colored endpapers
9781250110251 • \$34.99 • CL - Rough Front (Deckle Edge)
Fiction / Literary

#### **Notes**

#### **Promotion**



#### The Guest Book

A Novel by Sarah Blake

A novel about past mistakes and betrayals that ripple throughout generations, *The Guest Book* examines not just a privileged American family, but a privileged America. It is a literary triumph.

The Guest Book follows three generations of a powerful American family, a family that used to run the world."

And when the novel begins in 1935, they still do. Kitty and Ogden Milton appear to have everything - perfect children, good looks, a love everyone envies. But after a tragedy befalls them, Ogden tries to bring Kitty back to life by purchasing an island in Maine. That island, and its house, come to define and burnish the Milton family, year after year after year. And it is there that Kitty issues a refusal that will haunt her till the day she dies.

In 1959 a young Jewish man, Len Levy, will get a job in Ogden's bank and earn the admiration of Ogden and one of his daughters, but the scorn of everyone else. Len's best friend, Reg Pauling, has always been the only black man in the room - at Harvard, at work, and finally at the Miltons' island in Maine.

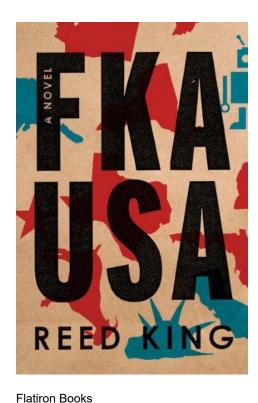
An island that, at the dawn of the twenty-first century, this last generation doesn't have the money to keep. When Kitty's granddaughter hears that she and her cousins might be forced to sell it, and when her husband brings back disturbing evidence about her grandfather's past, she realizes she is on the verge of finally understanding the silences that seemed to hover just below the surface of her family all her life.

An (...)

#### **Author Bio**

Sarah Blake is the author of the novels *Grange House* and the *New York Times* bestseller *The Postmistress* . She lives in Washington, D.C., with her husband and two sons.





On Sale: Jun 18/19
6.12 x 9.25 • 480 pages
Includes color map endpapers, black-and-white details from map on part openers
9781250108890 • \$36.50 • CL - Rough Front (Deckle Edge)

Fiction / Dystopian

#### **Notes**

#### **Promotion**



#### **FKA USA**

A Novel by Reed King

Reed King's amazingly audacious novel is something of a cross between L. Frank Baum's *The Wizard of Oz*, Douglas Adams's *A Hitchhiker's Guide to the Galaxy*, Cormac McCarthy's *The Road*, and Ernie Cline's *Ready Player One*.

In Reed King's wildly imaginative and possibly prescient debut, the United States has dissolved in the wake of environmental disasters and the catastrophic policies of its final president.

It is 2085, and Truckee Wallace, a factory worker in Crunchtown 407 (formerly Little Rock, Arkansas, before the secessions), has no grand ambitions besides maybe, possibly, losing his virginity someday.

But when Truckee is thrust unexpectedly into the spotlight he is tapped by the President for a sensitive political mission: to deliver a talking goat across the continent. The fate of the world depends upon it.

The problem is - Truckee's not sure it's worth it.

Joined on the road by an android who wants to be human and a former convict lobotomized in Texas, Truckee will navigate an environmentally depleted and lawless continent with devastating - and hilarious - parallels to our own, dodging body pickers and Elvis-worshippers and logo girls, body subbers, and VR addicts.

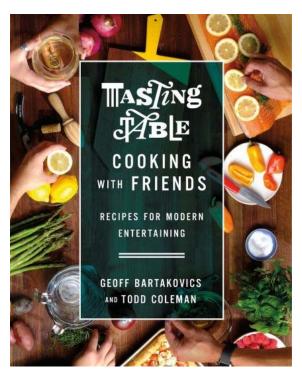
Elvis-willing, he may even lose his virginity.

FKA USA is the epic novel we've all been waiting for about the American end of times, with its unavoidable sense of being on the wrong end of the roller coaster ride. It is a masterwork of ambition, humor, and satire with the power to make us cry, despair, and laugh out loud all at once. It is a tour de force unlike anything else you will read this year.

## **Author Bio**

Reed King is the pseudonym of a *New York Times* bestselling author and TV writer.





Flatiron Books
On Sale: May 7/19
8 x 10 • 320 pages
Paper-Over-Board; Includes over 100 4-color
photographs throughout; 4-color printed endpapers
9781250139542 • \$42.50 • cl
Cooking / Entertaining

#### **Notes**

#### **Promotion**



## **Tasting Table's Cooking with Friends**

Recipes for Modern Entertaining by Geoff Bartakovics

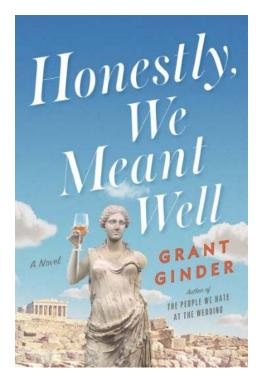
Tasting Table's Cooking with Friends: Recipes for Modern Entertaining is Geoff Bartakovics' and Todd Coleman's first cookbook from TastingTable.com whose delicious content inspires more than three million foodies daily, features recipes for the new style of entertaining where everyone pitches in

#### **Author Bio**

Geoff Bartakovics is the CEO and cofounder of Tasting Table, which now has three million plus social media followers, two million email subscribers, and three million website visitors. He lives in New York City.

Todd Coleman graduated from the Culinary Institute of America. He was the executive editor of Saveur and is an award-winning food writer and photographer. In 2014, he won Food Network's Cutthroat Kitchen. He lives in New York City.





Flatiron Books
On Sale: Jun 11/19
6.12 x 9.25 • 320 pages
9781250143150 • \$34.99 • CL - With dust jacket

#### **Notes**

#### **Promotion**



## Honestly, We Meant Well

by Grant Ginder

This rollicking book has it all: sex, lies, and scenery. Grant Ginder weaves a wonderful, engrossing multi-generational family story, with the Greek isles as a backdrop so beautiful that the reader will want to dive in."

- Emma Straub, New York Times bestselling author of The Vacationers and Modern Lovers

An irresistible, deftly observed novel about family, regret, and vacation by the author of *The People We Hate at the Wedding* 

The Wright family is in ruins.

Sue Ellen Wright has what she thinks is a close-to-perfect life. A terrific career as a Classics professor, a loving husband, and a son who is just about to safely leave the nest.

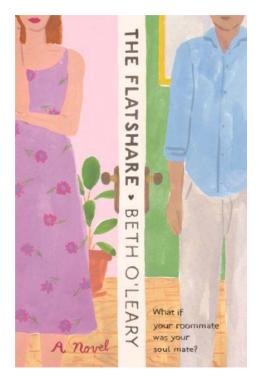
But then disaster strikes. She learns that her husband is cheating, and that her son has made a complete mess of his life. So, when the opportunity to take her family to a Greek island for a month presents itself, she jumps at the chance. This sunlit Aegean paradise, with its mountains and beaches is, after all, where she first fell in love with both a man and with an ancient culture. Perhaps Sue Ellen's past will provide the key to her and her family's salvation.

With his signature style of biting wit, hilarious characters, and deep emotion, Grant Ginder's *Honestly, We Meant Well* is a funny, brilliant novel proving that with family, drama always comes with comedy.

## **Author Bio**

Grant Ginder is the author of THIS IS HOW IT STARTS and DRIVER'S EDUCATION. He received his MFA from NYU, where he teaches writing. He lives in Brooklyn.





Flatiron Books
On Sale: May 28/19
6.12 x 9.25 • 336 pages
Includes color endpapers
9781250295637 • \$34.99 • CL - With dust jacket
Fiction / General

#### **Notes**

#### **Promotion**



#### The Flatshare

A Novel by Beth O'Leary

Tiffy and Leon share an apartment. Tiffy and Leon have never met.

After a bad breakup, Tiffy Moore needs a place to live. Fast. And cheap. But the apartments in her budget have her wondering if astonishingly colored mold on the walls counts as art.

Desperation makes her open minded, so she answers an ad for a flatshare. Leon, a night shift worker, will take the apartment during the day, and Tiffy can have it nights and weekends. He'll only ever be there when she's at the office. In fact, they'll never even have to meet.

Tiffy and Leon start writing each other notes - first about what day is garbage day, and politely establishing what leftovers are up for grabs, and the evergreen question of whether the toilet seat should stay up or down. Even though they are opposites, they soon become friends. And then maybe more.

But falling in love with your roommate is probably a terrible idea especially if you've never met.

What if your roommate is your soul mate? A joyful, quirky romantic comedy, Beth O'Leary's *The Flatshare* is a feel-good novel about finding love in the most unexpected of ways.

#### **Author Bio**

Beth O'Leary worked in publishing before becoming a full time author. *The Flatshare* is her debut novel.





Flatiron Books
On Sale: May 14/19
10.13 x 9.25 • 22 pages
Includes color illustrations throughout, 4 gatefolds, and with 16 scratch-and-sniff stickers
9781250124821 • \$28.99 • cl

#### **Notes**

#### **Promotion**

Cooking / Beverages / Beer



## The Ultimate Scratch & Sniff Guide to Loving Beer by Richard Betts, illustrated by Rotem Raffe

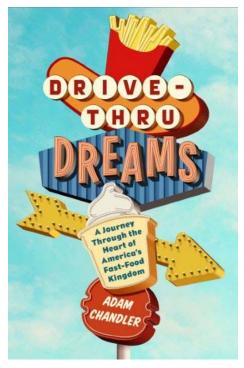
What's the difference between a pilsner and a stout? Why is water so important to beer? What's the best temperature to serve a lager, an ale, or a stout? What the heck is a hop anyways?

There are few things in the world as beloved as beer. By far and away it is the most popular alcoholic beverage in the world, but there is so much more to this beverage than we know. Richard Betts breaks down the ingredients, the science, and the processes behind how beer is made. With this knowledge in hand, and some scratching and sniffing, you'll have the tools to make informed decisions about the brews that will make you smile every time. Cheers!

#### **Author Bio**

RICHARD BETTS is the author of the *New York Times* bestseller *The Essential Scratch and Sniff Guide to Becoming a Wine Expert* and *The Essential Scratch and Sniff Guide to Becoming a Whiskey Know-It-All*. He is one of fewer than 300 master sommeliers in the world. He has been featured in *The New York Times, Food & Wine, Outside, GQ*, and *Details* and speaks frequently throughout the world. He has two wine projects on three different continents, including An Approach to Relaxation, his Australian project with his wife Carla, which has won top praise internationally. He also cofounded Sombra Mezcal and Astral Tequila. Richard makes him home in Amsterdam. ROTEM RAFFE is a Brooklyn-based art director, designer, and illustrator. She's worked in advertising agencies in New York City, and is the cofounder and creative director of Short Stack Editions, a series of small-format cookbooks. Her artwork has appeared on many surfaces around the world, including billboards and murals, restaurant walls, menus, maps, and wine bottles.





Flatiron Books
On Sale: Jun 25/19
5.38 x 8.25 • 352 pages
Includes black-and-white line drawings on chapter openers; 1-color printed endpapers
9781250090720 • \$36.50 • CL - With dust jacket
Biography & Autobiography / Culinary

#### **Notes**

### **Promotion**



#### **Drive-Thru Dreams**

A Journey Through the Heart of America's Fast-Food Kingdom by Adam Chandler

If Chuck Klostermann of Sex, Drugs, and Cocoa Puffs were to take on the fast food industry and its inextricable link to American nostalgia throughout the 19th and 20th centuries

Most any honest person, no matter how refined the palate or how anointed the social status, can own up to harboring at least one fast-food guilty pleasure. One item against which their resistance is useless and their fealty is set.

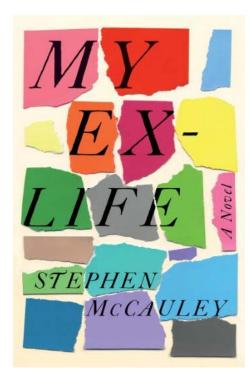
We tend to think of fast food as corporate and impersonal. And for good reason. But, in unexpected ways, fast food is also deeply personal. After all, the only inherited rite in America might just be mainlining French fries beneath the comforting fluorescence of an anonymous fast-food dining room. Drive-Thru Dreams by Adam Chandler tells the personal and contemporary story of America, its innovations and failures, its international charisma, and its regional identities through its beloved roadside fare. Fast food's menus, mass appeal, and blue-collar roots, offer a reflection of a century of national life explained by American habits, desires, economic realities, and political identities.

We are all too familiar with the dark underbelly of the fast food kingdom, but it is also symbolic of what we mean to be: democratic, efficient, and accessible to the masses. A sharp contrast to Super Size Me and Fast Food Nation, Chandler?s insightful and hilarious cultural study with Drive-Thru Dreams shows that the fast food industry, though imperfect, reflects much of what makes us Americans.

#### **Author Bio**

Adam Chandler is a writer and journalist based in Brooklyn. A former staff writer at *The Atlantic* and *Tablet Magazine*, his work has appeared in *The New York Times*, *The Wall Street Journal*, *Texas Monthly*, *New York Magazine*, *Slate*, *Esquire*, and elsewhere.





Flatiron Books
On Sale: May 7/19
5.38 x 8.25 • 384 pages
9781250122445 • \$22.50 • pb
Fiction / Literary

#### **Notes**

#### **Promotion**



## My Ex-Life

A Novel by Stephen McCauley

#### National Bestseller

In prose filled with hilarious and heartbreakingly accurate one-liners, Stephen McCauley has written a novel that examines how we define home, family, and love. Be prepared to laugh, shed a few tears, and have thoughts of your own ex-life triggered.

David Hedges's life is coming apart at the seams. His job helping San Francisco rich kids get into the colleges of their (parents') choice is exasperating; his younger boyfriend has left him; and the beloved carriage house he rents is being sold. His solace is a Thai takeout joint that delivers 24/7.

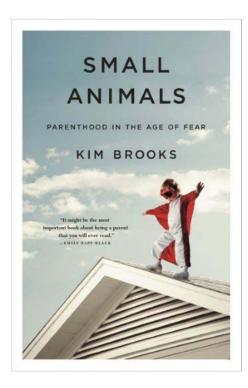
The last person he expects to hear from is Julie Fiske. It's been decades since they've spoken, and he's relieved to hear she's recovered from her brief, misguided first marriage. To him.

Julie definitely doesn't have a problem with marijuana (she's given it up completely, so it doesn't matter if she gets stoned almost daily) and the Airbnb she's running out of her seaside house north of Boston is neither shabby nor illegal. And she has two whole months to come up with the money to buy said house from her second husband before their divorce is finalized. She'd just like David's help organizing college plans for her seventeen-year-old daughter. That would be Mandy. To quote Barry Manilow, *Oh Mandy*. While she knows she's smarter than most of the kids in her school, she can't figure out why she's making so many incredibly dumb and increasingly dangerous choices? When David flies east, they find (...)

#### **Author Bio**

Stephen McCauley is the author of *The Object of My Affection, True Enough*, and *Alternatives to Sex*. Many of his books have been national bestsellers, and three have been made into feature films. *The New York Times Book Review* dubbed McCauley the secret love child of Edith Wharton and Woody Allen", and he was named a Chevalier in the Order of Arts and Letters by the French Ministry of Culture. His fiction, reviews, and articles have appeared in the *New York Times*, the *Washington Post, Harper's*, *Vogue*, and many other publications. He currently serves as Co-Director of Creative Writing at Brandeis University. He has several properties listed on Airbnb in Massachusetts and New York and owns a total of zero toss pillows.





Flatiron Books
On Sale: Aug 20/19
5.38 x 8.25 • 256 pages
Includes colored endpapers
9781250089571 • \$22.50 • pb
Social Science / Sociology / Marriage & Family

#### **Notes**

#### **Promotion**



#### **Small Animals**

Parenthood in the Age of Fear by Kim Brooks

It might be the most important book about being a parent that you will ever read." - Emily Rapp Black, *New York Times* bestselling author of *The Still Point of the Turning World* 

"Brooks's own personal experience provides the narrative thrust for the book she writes unflinchingly about her own experience. Readers who want to know what happened to Brooks will keep reading to learn how the case against her proceeds, but it's Brooks's questions about why mothers are so judgmental and competitive that give the book its heft." - NPR

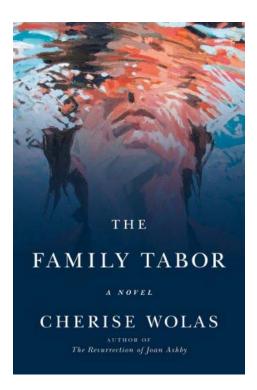
One morning, Kim Brooks made a split-second decision to leave her four-year old son in the car while she ran into a store. What happened would consume the next several years of her life and spur her to investigate the broader role America's culture of fear plays in parenthood. In *Small Animals*, Brooks asks, Of all the emotions inherent in parenting, is there any more universal or profound than fear? Why have our notions of what it means to be a good parent changed so radically? In what ways do these changes impact the lives of parents, children, and the structure of society at large? And what, in the end, does the rise of fearful parenting tell us about ourselves?

Fueled by urgency and the emotional intensity of Brooks's own story, *Small Animals* is a riveting examination of the ways our culture of competitive, anxious, and judgmental parenting has (...)

#### **Author Bio**

Kim Brooks is a graduate of the Iowa Writers' Workshop, where she was a Teaching-Writing Fellow. Her fiction has appeared in *Glimmer Train, One Story, The Missouri Review*, and other journals, and her essays have appeared in Salon, Buzzfeed, *New York Magazine*, LennyLetter, and on WNYC's Note to Self. Her debut novel, *The Houseguest*, was published in 2016 by Counterpoint Press. Her memoir, *Small Animals*, is published by Flatiron Books. Brooks lives in Chicago with her family.





Flatiron Books
On Sale: Jul 16/19
5.38 x 8.25 • 400 pages
9781250081476 • \$24.99 • pb
Fiction / Literary

**Notes** 

**Promotion** 



## The Family Tabor

A Novel by Cherise Wolas

Intriguing Wolas illuminates the rich, complex histories of the older Tabor generations, when they were Tabornikovs, and the sense of loyalty to one's family history is so vivid in the novel it is practically its own character." - The New York Times Book Review

" The Family Tabor is a hypnotic generational saga." - Chicago Review of Books

"Told from alternating perspectives, this book is a wonderful read for anyone who loved Cynthia D'Aprix Sweeney's *The Nest*." - Brit + Co

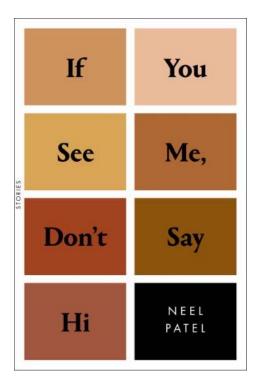
Harry Tabor is about to be named Man of the Decade, a distinction that feels like the culmination of a life well lived. Gathering together in Palm Springs for the celebration are his wife, Roma, a distinguished child psychologist, and their children: Phoebe, a high-powered attorney; Camille, a brilliant social anthropologist; and Simon, a big-firm lawyer, who brings his glamorous wife and two young daughters.

But immediately, cracks begin to appear in this smooth facade: Simon hasn't been sleeping through the night, Camille can't decide what to do with her life, and Phoebe is a little too cagey about her new boyfriend. Roma knows her children are hiding things. What she doesn't know, what none of them know, is that Harry is suddenly haunted by the long-buried secret that drove him, decades ago, to relocate his young (...)

#### **Author Bio**

Cherise Wolas lives in New York City with her husband. She is the author of two novels, *The Resurrection of Joan Ashby* and *The Family Tabor* 





Flatiron Books
On Sale: Jul 9/19
5.38 x 8.25 • 224 pages
9781250183217 • \$19.50 • pb
Fiction / Literary

#### **Notes**

#### **Promotion**



## If You See Me, Don't Say Hi Stories by Neel Patel

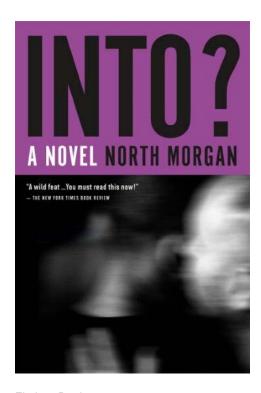
A New York Times Book Review Editor's Choice, a Vanity Fair Ultimate Fiction Pick, and an Indie Next Selection, a bravura debut collection about love, family, success, and being brown in America today.

In eleven sharp, surprising stories, Neel Patel gives voice to our most deeply held stereotypes and then slowly undermines them. His characters, almost all of who are first-generation Indian Americans, subvert our expectations that they will sit quietly by. We meet two brothers caught in an elaborate web of envy and loathing; a young gay man who becomes involved with an older man whose secret he could never guess; three women who almost gleefully throw off the pleasant agreeability society asks of them; and, in the final pair of linked stories, a young couple struggling against the devastating force of community gossip. Ranging across the country, Patel's stories--empathetic, provocative, twisting, and wryly funny--introduce a bold new literary voice, one that feels more timely than ever.

#### **Author Bio**

Neel Patel is a first-generation Indian American who grew up in Champaign, Illinois. He has been nominated for a Pushcart Prize, and his short stories have appeared in *The Southampton Review, Indiana Review, The American Literary Review, Hyphen Magazine,* and on BuzzFeed and Nerve.com. He currently lives in Los Angeles, where he is at work on a novel. *If You See Me, Don't Say Hi* is his debut.





Flatiron Books
On Sale: May 21/19
5.38 x 8.25 • 304 pages
Includes colored endpapers
9781250147462 • \$22.50 • pb
Fiction / Gay

**Notes** 

**Promotion** 



# Into? A Novel by North Morgan

You must read this now!" - The New York Times Book Review

Yes, this is the book you've been hearing about!

You know Konrad from your various social feeds - sun kissed, gym ripped and always having a better time than you. Or is he?

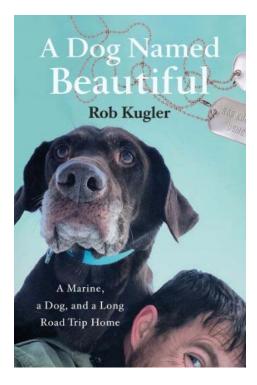
Konrad Platt needed to get out of town. Heartbroken after his boyfriend left him for another man, Konrad abandoned his life in London for the warm sun and blue surf of LA. Here he attends parties in the Hollywood Hills filled with handsome men and beautiful women, snorts mountains of Adderall, and dances the weekends away at Coachella with each move endlessly documented on social media. He mends his broken heart through dating apps, constantly scrolling through profiles and chatting with a seemingly endless supply of men, each one handsomer than the last. But when one captures his heart, a twisted modern romance takes root that's thrilling, confusing, and devastating - revealing that underneath this perfectly curated profile is a man desperate for real connection.

In *Into?* North Morgan shines a coolly mesmerizing light on the modern generation of gay men that are living firmly outside the closet, freed from the shadow of AIDS and elevated by popular culture, but plagued by a new set of problems, insecurities and self-destructions. As the men of *Into?* swipe right from bed to bed, North Morgan spins a (...)

#### **Author Bio**

North Morgan was born in Greece and educated in the UK. He currently lives and works in Los Angeles.





Flatiron Books
On Sale: May 14/19
5.38 x 8.25 • 288 pages
Plus one 8-page color photograph insert
9781250164254 • \$34.99 • CL - With dust jacket
Pets / Dogs / General

## **Notes**

#### **Promotion**



## A Dog Named Beautiful

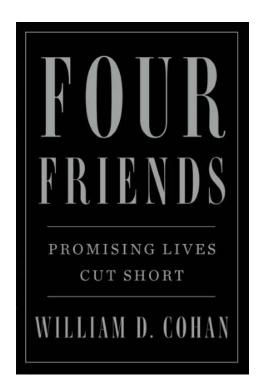
A Marine, a Dog, and a Long Road Trip Home by Rob Kugler

Rob Kugler's *A Dog Named Beautiful* is an uplifting and unforgettable story of a US Marine, his extraordinary dog, and the road trip of a lifetime.

#### **Author Bio**

Medically-retired US Marine Staff Sergeant Rob Kugler is a storyteller, photographer and writer. When he's not on the road, he lives in Nebraska.





Flatiron Books
On Sale: Jul 16/19
6.12 x 9.25 • 400 pages
Includes black-and-white line drawings on part openers
9781250070524 • \$37.99 • CL - With dust jacket
Biography / Personal Memoirs

#### **Notes**

#### **Promotion**



#### **Four Friends**

Promising Lives Cut Short by William D. Cohan

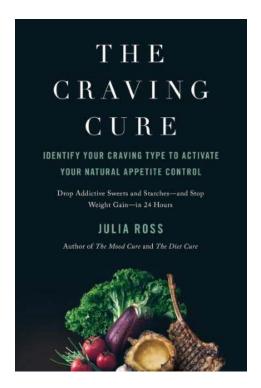
A powerful portrait of the lives of four boarding school graduates who died too young, John F. Kennedy, Jr. among them, by their fellow Andover classmate, *New York Times* bestselling author William D. Cohan.

In his masterful pieces for Vanity Fair and in his bestselling books, William D. Cohan has proven to be one of the most meticulous and intrepid journalists covering the world of Wall Street and high finance. In his utterly original new book, Four Friends, he brings all of his brilliant reportorial skills to a subject much closer to home: four friends of his who died young. All four attended Andover, the most elite of American boarding schools, before spinning out into very different orbits. Indelibly, using copious interviews from wives, girlfriends, colleagues, and friends, Cohan brings these men to life on the page. Jack Berman, the child of impoverished Holocaust survivors, uses his unlikely Andover pedigree to achieve the American dream, only to be cut down in an unimaginable act of violence. Will Daniel, Harry Truman's grandson and the son of the managing editor of The New York Times, does everything possible to escape the burdens of a family legacy he's ultimately trapped by. Harry Bull builds the life of a careful, successful Chicago lawyer and heir to his family's fortune before taking an inexplicable and devastating risk on a beautiful summer day. And the life and death of John F. Kennedy, Jr. - a story we think we know - is told here with surprising new details that cast it in an entirely different light. Four Friends is an immersive, wide-ranging, tragic, and ultimately inspiring account of promising lives cut short, written with compassion, honesty, and insight. It not only captures the fragility of life but also its poignant, magisterial, and pivotal moments.

#### Author Bio

WILLIAM D. COHAN is the bestselling author of *Money and Power, House of Cards, The Last Tycoons, The Price of Silence* and *Why Wall Street Matters*. He is a contributing editor at *Vanity Fair* and also writes for the *New York Times, The Atlantic, The Financial Times* and *The Washington Post*. He lives in New York City.





Flatiron Books
On Sale: May 7/19
6.12 x 9.25 • 432 pages
9781250063205 • \$25.99 • pb
Health & Fitness / Diets

#### **Notes**

#### **Promotion**



## The Craving Cure

Identify Your Craving Type to Activate Your Natural Appetite Control by Julia Ross

Drop Addictive Sweets and Starches - and Stop Weight Gain - in 24 Hours

Featuring a 5-part questionnaire to help you identify your personal craving profile

Julia Ross, best-selling author and expert in nutrition and overeating, exposes the real reason so many of us can't stick to a healthy diet: our favorite foods are engineered to be addictive. At her clinic in California, Ross and her colleagues treat food addiction where it starts - in the brain - by triggering our natural appetite-regulating neurotransmitters with nutrients called amino acids. It turns out that these protein concentrates boost our neurotransmitters, which broadcast sensations of satisfaction that no food, including chocolate, can override. Thousands of Ross' clients have abolished their cravings for high-calorie confections using this simple nutritional strategy.

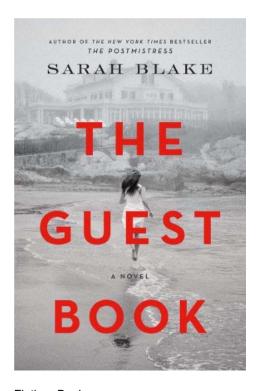
With *The Craving Cure*, Ross grants all of us access to this revolutionary approach. The process begins with a five-part questionnaire that helps you identify your unique craving profile and specifies the amino acid supplements you need to curb your specific cravings. Ross' clear explanations of why and how to use the aminos empower you to reclaim your natural appetite control, and her anti-craving eating guidelines will permanently strengthen your dietary defenses. A well-researched and clinically-tested rejection of low-calorie, low-saturated fat, and low-protein diets, *The Craving Cure* reveals how we can effortlessly and permanently eradicate our cravings to lose weight, rediscover our nutritional heritage, and regain (...)

#### **Author Bio**

Location: Mill Valley, CA

Julia Ross is a pioneer in the use of nutritional therapy for the treatment of eating disorders, addictions, and mood problems. The director of several integrative treatment clinics in the San Francisco Bay area since 1980, Ross also trains and certifies health professionals and lectures widely. She is the author of the best-selling books, *The Mood Cure* and *The Diet Cure*. Her work has been featured in publications from *Vogue* to the *Journal of the American Psychological Association* as well as online and on radio and television programs.





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#### Notes

#### **Promotion**



#### The Guest Book

A Novel by Sarah Blake

A novel about past mistakes and betrayals that ripple throughout generations, *The Guest Book* examines not just a privileged American family, but a privileged America. It is a literary triumph.

The Guest Book follows three generations of a powerful American family, a family that used to run the world."

And when the novel begins in 1935, they still do. Kitty and Ogden Milton appear to have everything - perfect children, good looks, a love everyone envies. But after a tragedy befalls them, Ogden tries to bring Kitty back to life by purchasing an island in Maine. That island, and its house, come to define and burnish the Milton family, year after year after year. And it is there that Kitty issues a refusal that will haunt her till the day she dies.

In 1959 a young Jewish man, Len Levy, will get a job in Ogden's bank and earn the admiration of Ogden and one of his daughters, but the scorn of everyone else. Len's best friend, Reg Pauling, has always been the only black man in the room - at Harvard, at work, and finally at the Miltons' island in Maine.

An island that, at the dawn of the twenty-first century, this last generation doesn't have the money to keep. When Kitty's granddaughter hears that she and her cousins might be forced to sell it, and when her husband brings back disturbing evidence about her grandfather's past, she realizes she is on the verge of finally understanding the silences that seemed to hover just below the surface of her family all her life.

An (...)

#### **Author Bio**

Sarah Blake is the author of the novels *Grange House* and the *New York Times* bestseller *The Postmistress* . She lives in Washington, D.C., with her husband and two sons.

